

CW3_NTAG1

National Survey of Health and Development COVID-19 Questionnaire

Version: 15/04/2021

Thank you for taking part in the 3rd wave of the MRC National Survey of Health and Development COVID-19 questionnaire.

The questionnaire covers the impact of the coronavirus outbreak on your health, your family, your social life, and your work. The answers you give will help researchers understand the impact of the outbreak on people's lives. We will ask you to do this at regular intervals throughout the outbreak to see how things change for you.

The survey should take about 30 minutes to complete. As always, answering these questions is voluntary and you can skip over any questions that you cannot or would prefer not to answer. The 'Privacy and data protection' FAQs on the study website provide details about how we protect the information you provide and how it will be used for research.

If you have any problems, queries or concerns, you can contact us using at <u>mrclha.enquiries@ucl.ac.uk</u> or please telephone 0800 952 0249 or 020 7670 5700.

Please enter the date you completed the que CV	V3_COVDTDAY	CW3_COVDTMNTH
	Day	Month 2021
Please enter a cross if the questionnaire was commember	mpleted by proxy on I	CW3_COVPRXY
What is the relationship of proxy to study member	er:	
	CW3_COVPRXYDTL	

The first set questions are about your health.

1. Do you think that you have or have had Coronavirus?



2. When do you think you got (or might have got) Coronavirus? If you have thought you have had Coronavirus on more than one occasion please tick the month in which you most recently think you got it.

February 2020 or earlier (1)	
March 2020 (2)	W3_COVID19POS
April 2020 (3)	
May 2020 (4)	
June 2020 (5)	
July 2020 (6)	
August 2020 (7)	
September 2020 (8)	
October 2020 (9)	
November 2020 (10)	
December 2020 (11)	
January 2021 (12)	
February 2021 (13)	
March 2021 (14)	
April 2021 (15)	
May 2021 (16)	
June 2021 (17)	
	March 2020 (2) April 2020 (3) May 2020 (4) June 2020 (5) July 2020 (6) August 2020 (7) September 2020 (8) October 2020 (9) November 2020 (10) December 2020 (11) January 2021 (12) February 2021 (13) March 2021 (14) April 2021 (15) May 2021 (16)

3. Have you sought medical advice in relation to any symptoms you have had, which you think may be caused by Coronavirus? *Please tick all that apply.*

CW3_COVIDADV_1	Yes - discussed symptoms with doctor/GP/practice nurse (1)
CW3_COVIDADV_2	Yes - discussed symptoms with NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland (2)
CW3_COVIDADV_3	Yes – accessed online advice at NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland (3)
CW3_COVIDADV_4	Yes - visited pharmacist (4)
CW3_COVIDADV_5	Yes - visited A&E or walk in centre (5)
CW3_COVIDADV_6	No (6)

4. Have you been in hospital because of Coronavirus symptoms?

Yes (1)	CW3_COVID_HOSPAD
No (2)	

5. For how long were you unable to function as normal due to COVID-19 Coronavirus symptoms?

I was always able to function as normal (1)
1-3 days (2) CW3_COVFUNC
4-6 days (3)
1 week or more, less than 2 weeks (4)
2 weeks or more, less than 4 weeks (5)
4 weeks or more, less than 12 weeks (6)
12 weeks or more (7)

6. How many days were you so unwell that you stayed in bed or on the sofa due to Coronavirus?

None (1)
1-3 days (2) CW3_COVBED
4-6 days (3)
1 week or more, less than 2 weeks (4)
2 weeks or more, less than 4 weeks (5)
4 weeks or more, less than 12 weeks (6)
12 weeks or more (7)

7. Have you been told by a doctor that you may have a new condition, illness, or disability as a result of Coronavirus?

Yes (1)	CW3_COVNEWILL
No (2) \rightarrow go to que	estion 9

8. What new condition, illness or disability does your doctor think you may have as a result of Coronavirus? *Please tick all that apply.*

CW3_COVNEWILT_1	Post-viral fatigue (1)		
CW3_COVNEWILT_2	A blood clot in the leg, heart, lung or brain (2)		
CW3_COVNEWILT_3	A heart condition (3)		
CW3_COVNEWILT_4	A lung condition (4)		
CW3_COVNEWILT_5	A condition affecting the mind or brain (5)		
CW3_COVNEWILT_6	A condition affecting the nervous system outside the brain (6)		
CW3_COVNEWILT_7	Thyroid disease (7)		
CW3_COVNEWILT_8	Other (specify) (8)		

9. In the past few weeks have you been troubled by....

·	Rarely (1)	Some of the time (2)	A good part of the time (3)	Most of the time (4)
Waking up tired? CW3_TIREDGR	ID_1			
Feeling tired after rest or CW3_1 relaxation?	TIREDGRID_2			
Needing to sleep longer? Cw3	_TIREDGRID_3			
Prolonged tiredness after CW3_	_TIREDGRID_4			
Poor sleep? CW3 TIREDGRI	D 5			

10. The next questions are about how you have been feeling in the **last month**.

In the last month	Less than usual (1)	No more than usual (2)	More than usual (3)	Much more than usual (4)
Have you had problems with tiredness?	CW3 FATGRID 1			
Have you needed to rest more?	CW3_FATGRID_2			
Have you felt sleepy or drowsy?	CW3_FATGRID_3			
Have you had problems starting things?	CW3_FATGRID_4			
Have you lacked energy?	CW3_FATGRID_5			
Have you made slips of the tongue when speaking?	CW3_FATGRID_9			
Have you found it more difficult to find the right word?	CW3_FATGRID_1	0		

11. Have you been tested for Coronavirus? *Please tick all that apply.*



12. What was the result of your coronavirus test? *If you had more than one test please report the findings of the latest test.*

C	W3_COVIDCURRESULT		/3_COVIDINCRESULT
	(Nasal or saliv CW	Past infection (3_COVIDPASRESULT	Unsure of type
Positive – had COVID (1)			
Negative – did not have COVID (2)			
Inconclusive (3)			
Waiting for results (4)			

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March 2020 (2)		
April 2020 (3)		
May 2020 (4)		
June 2020 (5)		
July 2020 (6)		
August 2020 (7)		
September 2020 (8)		
October 2020 (9)		
November 2020 (10)		
December 2020 (11)		
January 2021 (12)		
February 2021 (13)		
March 2021 (14)		
April 2021 (15)		
May 2021 (16)		
June 2021 (17)		

CW3_COVIDCURWHEN

(Nasal or saliva

CW3_COVIDINCWHEN

Unsure of type

Past infection

CW3_COVIDPASWHEN

13.

When did you have the

February 2020 or earlier (1)

14. In the past few weeks have you been troubled by being excessively tired or exhausted?



15. The next questions are about how you have been feeling in the last month.

In the last month	Less than usual (1)	No more than usual (2)	More than usual (3)	Much more than usual (4)
Have you had less strength in your muscles?	CW3_FATGRID_			
Have you felt weak?	CW3_FATGRID_	_7		
Have you had difficulties concentrating?	CW3_FATGRID_	_8		

16. How is your memory?



17. Over the **past two months**, have you experienced strange, unpleasant sensations in your skin, such as pricking, tingling or burning?



18. Over the **past two months**, on average, how often has shortness of breath caused you to limit what you wanted to do?

	Never (1)
CW3_SHORTB	Less than once a month (2)
	Between once a week and once a month (3)
	More than once a week (4)
	Nearly every day (5)

19. Over the **past two months**, how often have you experienced your heart racing, when you are not exercising (palpitations)?

CW3_PALP	Never (1)	
	Less than once a month (2)	
	Between once a week and once a month (3)	
	More than once a week (4)	
	Nearly every day (5)	

20. Over the **past two months**, how often have you had to restrict your work or normal daily activity due to how you feel?

CW3_ACTIVITY	Never (1)
	Less than once a month (2)
	Between once a week and once a month (3)
	More than once a week (4)
	Nearly every day (5)

21. Have you experienced any of the following symptoms **in the past 2 weeks**? *Please tick all that apply*

r lease lick an that apply.	
CW3_COVIDSYMPT_1 (1)	Fatigue (11) CW3_COVIDSYMPT_11
CW3_COVIDSYMPT_2 - dry (2)	Unusual loos diarrhoea (12) CW3_COVIDSYMPT_12
CW3_COVIDSYMPT_3 - mucus or phlegm (3)	Vomiting (13) CW3_COVIDSYMPT_16
CW3_COVIDSYMPT_4 hroat (4)	Loss of smell (14) CW3_COVIDSYMPT_13
CW3_COVIDSYMPT_5 tightness (5)	Loss of taste (15) CW3_COVIDSYMPT_14
CW3_COVIDSYMPT_6 ess of breath (6)	Skin rash (16) CW3_COVIDSYMPT_17
CW3_COVIDSYMPT_7 nose (7)	Headaches (17) CW3_COVIDSYMPT_19
CW3_COVIDSYMPT_8 congestion (8)	Other, please specify CW3_COVIDSYMPT_20
CW3_COVIDSYMPT_18	CW3_COVIDSYMPTO
CW3_COVIDSYMPT_10 or body aches (10)	No - none of CW3_COVIDSYMPT_23

22. Have you downloaded the NHS COVID 19 Test and Trace App?

Yes (1)	CW3_NHSTRACE
No (2)	
Unable as	do not have suitable device (3)

23. On a scale from 0 to 10, where 0 means that you are 'not complying at all' and 10 means you are 'fully complying', how much would you say you are complying with social distancing guidelines?



24. On a scale from 0 to 10, where 0 means that you are 'not complying at all' and 10 means you are 'fully complying', how much would you say you complied with Government guidelines to reduce the spread of COVID-19?

	Not complying at all			CW3	_COMPL	IANC2		Fully complyi				
	()	1	2	3	4	5	6	7	8	9	10
2	25.	Hav	ve you b	een offe	ered a v	accinati	on for C	OVID-1	9?			
				Yes	(1) C	W3_OFF	VAC					
				No	No (2) \rightarrow go to question 30							
2	26.	Hav	ve you b	een vao	cinated	for CO	VID-19?)				
CW3_B	BEEN∖	'AC		Yes	(1) $\rightarrow g q$	o to que	stion 27	7				
				No -	No – but I intend to be $(2) \rightarrow go$ to question 30							
				No -	- and I c	do not in	itend to	be (3) -	→ go to	questio	n 29	

27. Please enter the date that you got vaccinated? *If you have only had one vaccination, leave the second vaccination date blank.*

	CW3_VACDAT.Day	mm CW3_VACDAT.Year
First vaccination	on 📃	CW3_VACDAT.Month 0 2
	CW3_VACDAT2.Day	y CW3_VACDAT2.Year
Second vaccin	ation	CW3_VACDAT2.Month 2

28. Which vaccination did you receive?

		First dose	Second dose
Pfizer Vaccine	С	W3_VACTYP1	CW3_VACTYP2
Oxford, AstraZeneca vaccine			
Moderna Vaccine			

29. Why have you chosen not to get vaccinated? *Please tick all that apply.*

CW3_NOVAC_1	Covid-19 vaccine safety not proven yet
CW3_NOVAC_2	Covid-19 vaccine effectiveness not proven yet
CW3_NOVAC_3	I have had Coronavirus, so may be immune
CW3_NOVAC_4	I am not worried about catching Coronavirus
CW3_NOVAC_5	I distrust officials
CW3_NOVAC_6	Vaccines are not safe in general

30. On a scale from 0 to 10, where 0 means 'very badly' and 10 means 'very well', how well would you say the Government has been handling the Coronavirus crisis since the outbreak in March 2020?

Please tick one option.

				CW3_0	GOVPAN				.,	
Very bac	dly								very	well
0	1	2	3	4	5	6	7	8	9	10

31. In general, would you say your health is...



32. Do you currently have any of the following? *Please tick all that apply.*



33. At the time of the Coronavirus outbreak in March 2020, were you taking any prescribed medication or have you been prescribed any medication since then?



34. Since the Coronavirus outbreak in March 2020, have you had any difficulty obtaining any of your prescribed medication?



35. Why did you have difficulty obtaining your prescribed medication? *Please tick all that apply.*

CW3_PMEDDIFW_1	My medication was not available because of a shortage of supply (1)
CW3_PMEDDIFW_2	My medication was available but neither I, nor anyone I know, was
	able to collect it (2)
CW3_PMEDDIFW_3	Other reason (3)

36. Since the Coronavirus outbreak in March 2020, have you at any time had any medical appointments booked?

Please tick all that apply.

CW3_APPMED_1	Hospital appointment for consultation, investigation or treatment (1)
CW3_APPMED_2	Hospital appointment for surgery (2)
CW3_APPMED_4	Appointment for cognitive behaviour therapy, counselling or psychological therapy (3)
CW3_APPMED_5	Any other medical appointment (4)
CW3_APPMED_6	No medical appointments booked $(5) \rightarrow go$ to question 39
CW3_APPMED_3	GP appointment (6)

37. Were any of your medical appointments cancelled or delayed?

CW3_APPCAND

Yes (1)

No $(2) \rightarrow go \text{ to question } 39$

38. Which type of medical appointment was cancelled or delayed? *Please tick all that apply.*

CW3_APPCANT_1	Hospital appointment for consultation, investigation or treatment (1)
CW3_APPCANT_2	Hospital appointment for surgery (2)
CW3_APPCANT_3	Appointment for cognitive behaviour therapy, counselling or
	psychological therapy (3)
CW3_APPCANT_4	Any other medical appointment (4)
CW3_APPCANT_5	GP appointment (6)

39. Did you **at any time** receive a letter or text message from the NHS or Chief Medical Officer saying that you have been identified as someone at risk of severe illness if you catch Coronavirus, because you have an underlying disease or health condition?

CW3_SHIELD	Yes (1)
	No (2)

The next questions are about who you are currently living with.

40. How many people do you currently live with? Please include yourself.

CW3_HHNUM

If you live alone, go to question 42.

41. If you live with other people, who do you currently live with? *Please tick all that apply.*

r loude liek an that apply.		
CW3_HHNUMWH_1	Husband/Wife/Cohabiting Partner (1)	
CW3_HHNUMWH_2	Children (including adult children, step-children, adopted children, foster children or any other children you consider yourself parent to)	
CW3_HHNUMWH_3	Parent or Parent-in-law (including step-parent or adoptive parent) (3)	
CW3_HHNUMWH_5	Grandchild (5)	
CW3_HHNUMWH_6	Sibling (6)	
CW3_HHNUMWH_7	Other relative (7)	
CW3_HHNUMWH_8	Friend / unrelated sharer (8)	
CW3_HHNUMWH_9	Other (9)	

42. Do you have any children who you do not live with? Please include adult children, step-children, adopted children, foster children or any other children you consider yourself parent to.



43. Are you in a relationship with someone at the moment?

CW3_OTHRELA

Yes (1)

No $(2) \rightarrow$ go to question 46

44. On a scale from 1 to 7, where '1' means that you are 'very unhappy' and '7' means that you are 'very happy', how happy is your relationship with your partner at the moment, all things considered?



45. In the time since the Coronavirus outbreak in March 2020, has the amount you argued with your partner change, compared to before the Coronavirus outbreak?



46. If you live in a household with more people than either just you, or you and your partner

In the time since the Coronavirus outbreak in March 2020, has the amount you have argued with the people you live with changed, compared to before the Coronavirus outbreak?



I argued with the people I live with **more often** since March 2020, compared to before the Coronavirus outbreak (1)

No change - same as before the Coronavirus outbreak (2)

I argued with the people I live with **less often** since March 2020, compared to before the Coronavirus outbreak (3)



Not applicable – only live with partner or alone (4)

47. In the last four weeks, have you needed help with personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) because you could not manage them alone?

CW3_CAREA_1	Yes
	No

Yes - I needed help (1)

No $(3) \rightarrow go to question 51$

48. Compared to **before the Coronavirus outbreak in March 2020**, has the amount of help that you now need changed?



49. In the last four weeks, who has provided you with the help you have needed? *Please tick all that apply.*

CW3_CAREWHOA_1	Nobody – needs were not met (1) \rightarrow go to question 51
CW3_CAREWHOA_2	Husband/wife/partner (2)
CW3_CAREWHOA_3	Son or daughter or other family member (include even if not blood related) (3)
CW3_CAREWHOA_4	Friend or neighbour (4)
CW3_CAREWHOA_5	Voluntary helper (5)
CW3_CAREWHOA_6	Paid/professional help (6)
CW3_CAREWHOA_7	Other (7)

50. In the last four weeks, how many hours of help have you usually received each week?



51. In the last four weeks, has someone you lived with needed help with personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) because they could not manage them alone?



52. Compared to before the Coronavirus outbreak in March 2020, has the amount of help that the person (or people) you lived with, changed?



53. In the last four weeks, who provided the person you live with the help they needed? *Please tick all that apply.*

CW3_CAREWHOAP_1	Nobody – needs were not met $(1) \rightarrow go$ to question 55
CW3_CAREWHOAP_2	Me (2)
CW3_CAREWHOAP_3	Husband/wife/partner (3)
CW3_CAREWHOAP_4	Son or daughter or other family member (include even if not blood
	related) (4)
CW3_CAREWHOAP_5	Friend or neighbour (5)
CW3_CAREWHOAP_6	Voluntary helper (6)
CW3_CAREWHOAP_7	Paid/professional help (7)
CW3_CAREWHOAP_8	Other (8)

54. In the last four weeks, how many hours of help has someone you lived with usually received each week?



The next few questions are about where you are currently living.

55. Which country do you live in?



56. Have you moved to a new address since the **beginning of October 2020**?

CW3_MOVE2	Yes (1)
	No (2) \rightarrow go to question 63

57. Please enter the postcode of the address at which you are currently living, even if this is a temporary address.



58. How many rooms are there in the home where you are currently living, not counting kitchens, bathrooms, toilets, utility rooms, halls and garages?

Please do not include conservatories unless they are used as a living room all year round.

CW3_NUMROOMS		
	-	

59. Do you have a garden, a patio or yard, a roof terrace or large balcony? Please tick all that apply

CW3_OUTDOORS_1	A garden (1)
CW3_OUTDOORS_2	A patio or yard (2)
CW3_OUTDOORS_3	A roof terrace or large balcony (3)
CW3_OUTDOORS_4	None of the above (4)

60. Do you (or your household) own or rent your home or have some other arrangement?

	Own – outright (1)
CW3_TENURE	Own - buying with help of a mortgage / loan (2)
	Pay part rent and part mortgage (shared / equity ownership) (3)
	Rent it (4)
	Live here rent-free, including rent-free in relative's / friend's / employer's property; exclude squatting (5)
	Squatting (6)
	Other arrangement (7)

61. Has your tenure changed since the start of the Coronavirus outbreak in March 2020?



Yes (1)

No $(2) \rightarrow go \text{ to question 63}$

62. At the start of the Coronavirus outbreak in March, did you (or your household) own or rent your home or have some other arrangement?

	Own – outright (1)
	Own - buying with help of a mortgage / loan (2)
CW3_TENUREBC	Pay part rent and part mortgage (shared / equity ownership) (3)
	Rent it (4)
	Live here rent-free, including rent-free in relative's / friend's / employer's property; exclude squatting (5)
	Squatting (6)
	Other arrangement (7)
63. Do you live in	a care home?



We would like to ask you about what you are currently doing.

64. Which of these would you say best describes your situation **now**? If you are doing more than one activity, please choose the activity that you spend most time doing.

Are you...

	Employed and currently working (or on annual leave / holiday) (1) \rightarrow go
CW3_ECONACTIVITYD	to question 65
	Employed but on paid leave (including furlough) $_{(2)} \rightarrow go \ to \ question$ 65
	Employed and on unpaid leave $(3) \rightarrow go \ to \ question \ 65$
	Apprenticeship $(4) \rightarrow go to question 65$
	In unpaid/voluntary work $(5) \rightarrow go$ to question 65
	Self-employed and currently working (or on holiday) $_{(6)} \rightarrow go \ to$ question 65
	Self-employed but not currently working $(7) \rightarrow go \ to \ question \ 65$
	Unemployed $(8) \rightarrow go \ to \ question \ 74$
	Permanently sick or disabled $(9) \rightarrow go \ to \ question \ 74$
	Looking after home or family $(10) \rightarrow go to question 74$
	In education at school/college/university $(11) \rightarrow go \ to \ question \ 74$
	Retired $(12) \rightarrow go to question 74$
	Doing something else $(13) \rightarrow go$ to question 74

65. Are you doing the same type of work now, that you were doing at the time of the Coronavirus outbreak in March 2020?

CW3_SAMEJOB

Yes $(1) \rightarrow go \text{ to question } 69$

No (2)

66. What is your job title?
CW3_JTITLECUR

67. Please describe in your own words what you mainly do in this job. Please describe in detail (for example job title and the type of work) and describe any special qualifications or training needed to do the job.

CW	/3_JDOCUR
_	
_	
_	
_	
68.	What does the firm or organisation you worked for, or own mainly make or do?
	Please describe in detail (for example manufacturing, processing or distribution
	goods produced, materials used, wholesale or retail).
CW	/3_JMAKECUR
_	
-	

69. How many hours per week do you usually work now, not including meal breaks but including overtime?



CW3_NTWRK

Not currently working (-9) \rightarrow go to question 73

70. Which of the following best describes your work location **since** the Coronavirus outbreak?



71. Using a scale of 0 to 10, where 0 means 'completely disagree' and 10 means 'completely agree', please indicate the extent to which you agree or disagree with the statement below.

I am able to work effectively whilst being at home

CW3_HWR	KSAT	gree						Comp	letely a	gree
0	1	2	3	4	5	6	7	8	9	10

72. Are you a Key worker, or has your work been classified as critical to the Covid-19 response?

Yes (1)	CW3_KEYWORKERD
No (2)	

73. All things considered, how satisfied or dissatisfied are you with your present job overall?



We would like to ask you about what your **partner** is currently doing.

74. Which of these would best describes what your partner situation **now**? If they were doing more than one activity, please choose the activity that they spent most time doing. Is your partner...

pployed and currently working $(1) \rightarrow go$ to question 75 CW3_PECONACTIVITYD Employed but on paid leave (including furlough) $(2) \rightarrow go$ to question 75 Employed and on unpaid leave $(3) \rightarrow go$ to question 75 Apprenticeship $(4) \rightarrow go \ to \ question \ 75$ In unpaid/voluntary work $(5) \rightarrow go \ to \ question \ 75$ Self-employed and currently working $(6) \rightarrow go$ to question 75 Self-employed but not currently working $(7) \rightarrow go \ to \ question \ 75$

- Unemployed $(8) \rightarrow go \text{ to question 81}$
 - Permanently sick or disabled $(9) \rightarrow go to question 81$
 - Looking after home or family $(10) \rightarrow go$ to question 81
 - In education at school/college/university $(11) \rightarrow go \ to \ question \ 81$
 - Retired $(12) \rightarrow go \text{ to question 81}$
 - Doing something else $(13) \rightarrow go$ to guestion 81
 - Not applicable, no partner $(0) \rightarrow go$ to question 81
- 75. Was your partner working for the same employer or doing the same type of work that they were doing at the time of the Coronavirus outbreak in March 2020?



Yes $(1) \rightarrow go to question 79$

No (2)

I was not living with my partner at the time of the Coronavirus outbreak in March 2020 $_{(3)} \rightarrow go$ to question 81

76. What is your partner's job title?

|--|

77. Please describe in your own words what **your partner** mainly does in this job. Please describe in detail (for example job title and the type of work).

CW3_PJDOCUR



CW3_PJMAKECUR

79. How many hours per week does **your partner** usually work, not including meal breaks but including overtime?

CW3_PWRKHOURSD	I
	Т

CW3_PNTWR

Not currently working (-9) \rightarrow go to question 81

80. Is your partner a Key worker, or has their work been classified as critical to the COVID-19 response?



The following questions are about your financial situation, your job, or any other things that you were doing.

81. Overall, how do you feel your **current** financial situation compares to **before the Coronavirus outbreak**?

CW3_FINANCIALMAND	I'm much worse off (1)
	l'm a little worse off (2)
	I'm about the same (3)
	I'm a little better off (4)
	I'm much better off (5)

82. In 12 months' time, how do you expect your financial situation will compare to before the Coronavirus outbreak in March 2020?

CW3_FINEXP	I'm much worse off (1)
	I'm a little worse off (2)
	I'm about the same $(3) \rightarrow go \ to \ question \ 84$
	I'm a little better off $_{(4)} \rightarrow go \text{ to question 84}$
	I'm much better off $(5) \rightarrow go$ to question 84

83. You said that you are worse off now compared to before the Coronavirus outbreak in March 2020. Have you or your partner done any of the following as a result of this?

Pease tick all	that apply.
CW3_FINHTY_1	Reduced spending (1)
CW3_FINHTY_2	Used savings (2)
CW3_FINHTY_3	New borrowing from bank or credit card (3)
CW3_FINHTY_4	New borrowing from family and friends (4)
CW3_FINHTY_5	None of these (5)

84. Since the Coronavirus outbreak in March, have you or your partner made any new claims for the following? Please tick all that apply.

1 10000 1101	
CW3_BENEFITD_2	Universal credit (2)
CW3_BENEFITD_4	Employment and Support Allowance (3)
CW3_BENEFITD_5	Statutory sick pay (4)
CW3_BENEFITD_6	Council tax support or reduction (5)
CW3_BENEFITD_9	Carers allowance or Personal independence payments (6)
CW3_BENEFITD_7	Coronavirus Self-Employment Income Support Scheme (7)
CW3_BENEFITD_10	Test and trace support payment for those instructed to self-isolate (9)
CW3_BENEFITD_8	No - none of these (8)

85. Since the Coronavirus outbreak in March, have you used any of the following? *Please tick all that apply.*

CW3_BENEFITOTH_1	
CW3_BENEFITOTH_5	
CW3_BENEFITOTH_2	
CW3_BENEFITOTH_4	

Mortgage or rent payment holidays (1)

Council tax payment holiday (2)

Other debt repayment or interest payment holidays (2)

No - none of these (4)

86. Since the Coronavirus outbreak in March 2020, have you given financial help, in the form of money or by paying for goods (for example groceries, medicines) to any of the following?

Please tick all that apply.

CW3_FINGIVD_1	Adult children, including in-laws (1)
CW3_FINGIVD_3	Siblings (3)) \rightarrow go to question 89
CW3_FINGIVD_4	Former spouse or partner $(4) \rightarrow go$ to question 89
CW3_FINGIVD_5	Friends or neighbours $(5) \rightarrow go$ to question 89
CW3_FINGIVD_6	Someone else (6) \rightarrow go to question 89
CW3_FINGIVD_7	No - did not give financial help to anyone $(7) \rightarrow go$ to question 89

87. In total, how much financial help have you given to your adult children, including inlaws since the coronavirus outbreak in March 2020?If you don't know the precise amount it would be helpful if you could provide the best estimate.



88. Is the amount of financial help you have **given** your adult children, including in-laws since the Coronavirus outbreak in March 2020 different to the amount you would have given if the Coronavirus outbreak had not happened?

CW3_FINAMTGCCHAN	es – I have given more financial help because of the Coronavirus outbreak (1)
	Yes - I have given less financial help because of the Coronavirus outbreak (2)
	No – I would have given the same amount of financial help if the Coronavirus outbreak had not happened. (3)
	Prefer not to answer (-9)

89. Since the Coronavirus outbreak in March 2020, have you received financial help, in the form of money or by paying for goods (for example groceries, medicines) from any of the following?

Please tick all that apply.

CW3_FINRECD_1	Adult children, including in-laws (1)
CW3_FINRECD_3	Siblings (3) \rightarrow go to question 92
CW3_FINRECD_4	Former spouse or partner $(4) \rightarrow go$ to question 92
CW3_FINRECD_5	Friends or neighbours $(5) \rightarrow go$ to question 92
CW3_FINRECD_6	Someone else (6) \rightarrow <i>go to question</i> 92
CW3_FINRECD_7	No - did not receive financial help from anyone $(7) \rightarrow go$ to question
	92

90. In total, how much financial help have you received from your adult children, including in-laws since the Coronavirus outbreak in March 2020? If you don't know the precise amount it would be very helpful if you could provide your best estimate.



Prefer not to answer (-9)

91. Is the amount of financial help you have **received from** your adult children, including in-laws since the Coronavirus outbreak in March different to the amount you would have received if the Coronavirus outbreak had not happened?

CW3_FINAMTRCCHAN es – I have received more financial help because of the Coronavirus outbreak (1) Yes - I have received less financial help because of the Coronavirus outbreak (2) No – I would have received the same amount of financial help if the Coronavirus outbreak had not happened. (3) Prefer not to answer (-9)

92. The coronavirus pandemic has affected many people's financial circumstances. We know that changes in financial circumstances can have a significant impact on many aspects of life including health and well-being. We would therefore like to ask you about you and your partner's current income and whether this has changed since the coronavirus outbreak in March 2020.

Which letter (A - F) best describes you and your partner's current take-home income from earnings, benefits and any other source of regular income, after tax and deductions?

CW3_	ΗH	IN	CA

Letter

CW3_HHINCADK

Prefer not to answer (-9) \rightarrow go to question 95

	Weekly	Monthly	Annually
Α	Less than £200 per week	Less than £800 per month	Less than £10,000 per vear
в	£200 or more per week,	£800 or more per month,	£10,000 or more per year,
	less than £350 per week	less than £1400 per month	less than £18,000 per year
с	£350 or more per week,	£1400 or more per month,	£18,000 or more per year,
	less than £500 per week	less than £2000 per month	less than £26,000 per year
D	£500 or more per week,	£2000 or more per month,	£26,000 or more per year,
	less than £750 per week	less than £3000 per month	less than £39,000 per year
E	£750 or more per week,	£3000 or more per month,	£39,000 or more per year,
	less than £1000 per week	less than £4000 per month	less than £52,000 per year
F	More than £1000 per week	More than £4000 per month	More than £52,000 per year

+

- **93.** Has your and your partner's take-home income from earnings, benefits and any other source of regular income, after tax and deductions changed since the outbreak of the Coronavirus in March 2020?
 - Yes (1)

CW3_HHINCCHAN

No $(2) \rightarrow go \text{ to question } 95$

94. Which letter (A – F) best describes you and your partner's take-home income from earnings, benefits and any other source of regular income, after tax and deductions <u>at the time of the outbreak in March 2020?</u>

	CW3_HHINCAB	Prefer not to answer (9) CW3_HHINCBDK
	Weekly	Monthly	Annually
Α	Less than £200 per week	Less than £800 per month	Less than £10,000 per year
в	£200 or more per week,	£800 or more per month,	£10,000 or more per year,
	less than £350 per week	less than £1400 per month	less than £18,000 per year
с	£350 or more per week,	£1400 or more per month,	£18,000 or more per year,
	less than £500 per week	less than £2000 per month	less than £26,000 per year
D	£500 or more per week,	£2000 or more per month,	£26,000 or more per year,
	less than £750 per week	less than £3000 per month	less than £39,000 per year
E	£750 or more per week,	£3000 or more per month,	£39,000 or more per year,
	less than £1000 per week	less than £4000 per month	less than £52,000 per year
F	More than £1000 per week	More than £4000 per month	More than £52,000 per year

The next set of questions are about smoking, drinking alcohol, exercise, diet and

sleep. CW3_SMOKING

95. Which of these statements applies to you?

I've never smoked cigarettes $(1) \rightarrow go \text{ to question 97}$

I used to smoke cigarettes but don't at all now $(2) \rightarrow go$ to question 97

I now smoke cigarettes occasionally but not every day (3)

I smoke cigarettes every day (4)

96. In the last four weeks, how many cigarettes a day have you typically smoked?

CW3_NUMCIGSSP

97. Now thinking about electronic cigarettes or vaping devices, which of these statements applies to you?

statements applies to you?			
CW3_VAPE	l've never used an electronic cigarette or a vaping device $(1) \rightarrow go to$ question 99		
	I used to use an electronic cigarette or a vaping device but don't at all now $_{(2)} \rightarrow go \ to \ question \ 99$		
	I now use an electronic cigarette or a vaping device occasionally but not every day (3)		
	I use electronic cigarettes or vaping devices every day (4)		
	ur weeks , has the amount you have been using an electronic cigarette rice changed?		
CW3_VAPESP	Yes - I have used an electronic cigarette or vaping device more often		
	Yes - I have used an electronic cigarette or vaping device less often		
	No (3)		
99. In the last four weeks, how often have you had a drink containing alcohol?			
CW3_ALDRSP	4 or more times a week (1)		
	2-3 times a week (2)		
	2-4 times per month (3)		
	Monthly or less $(4) \rightarrow go to question 102$		
	Never $(5) \rightarrow go \ to \ question \ 102$		

100. In the last four weeks, how many standard alcoholic drinks do you have on a typical day when you were drinking?



101. Since the Coronavirus outbreak in March 2020, how often have you found you were not able to stop drinking once you had started?



102. In the last four weeks, on how many days in a typical week did you do 30 minutes or more of exercise where you are working hard enough to raise your heart rate and break into a sweat?



103. In the last four weeks, how many portions of fresh fruit and vegetables have you eaten in a typical day?

A portion of fruit could be a whole piece of fruit, like an apple or banana or 80g of fruit (like in a fruit salad).

A portion of vegetables is 3 heaped tablespoons of cooked vegetables or beans /pulses or a handful of cherry tomatoes or a small bowl of salad. It does not include potatoes.

Juice/smoothies can count as 1 portion per day.

CW3_FRTVEGSP

104. In the last four weeks, how many hours have you slept each night on average? Please round to the nearest hour.

CW3_HSLEEPSP

The next question is about your weight.

105. What is your weight?

Please report your weight in kilograms or stones and pounds.



On a typical weekday, how much time do you spend in front of a screen? Please tell us separately about the time you spend on a screen for work or study and the time you spend on a screen whilst not working or studying. Please include time spent on all devices including computers, laptops, tablets, phones or TV.

106. For work or study

CW3_SCREENTIM_1	No time (1)
	Less than 1 hour (2)
	More than 1 hour or more, less than 2 hours (3)
	More than 2 hours or more, less than 4 hours (4)
	More than 4 hours or more, less than 6 hours (5)
	More than 6 hours or more, less than 8 hours (6)
	More than 8 hours or more, less than 10 hours (7)
	More than 10 hours or more (8)
107. Not for work or study



The next few questions are about the contact you have had with people you do not live with in the last seven days.

108. In the last seven days, on how many days did you meet up in person with any of your family or friends who do not live with you?



109. In the last seven days, on how many days did you talk to family or friends you do not live with via phone or video calls?



110. In the last seven days, on how many days did you keep in contact with family or friends you do not live with by email or text or other electronic messaging?



111. In the last seven days, on how many days did you take part in an online community activity, e.g. an online community group, online chat group, street or neighbourhood social media group?



112. In the last seven days, on how many days did you give help to people outside of your household affected by Coronavirus or the current restrictions?



113. If you were sick in bed how much could you count on the people around you to help out?



114. If you needed to talk about your problems and private feelings, how much would the people around you be willing to listen?



The next few questions are about the way you have been feeling recently.

Please tick one option for each row	Hardly ever	Some of the time	Often (3)
CW3_LONELY_1 115. How often do you feel that you lack companionship?			
116. How often do you feel left out CW3_LONELY_2			
117. How often do you feel isolated from CW3_LONELY_3			
118. How often do you feel lonely CW3_LONELY_4			

119. Overall, how satisfied are you with your life nowadays, where 0 means 'not at all' and 10 means 'completely'?

Please tick one option.

Not at al	II satisfi	ied	CW3	_SATN			C	omplete	ely satis	sfied
0	1	2	3	4	5	6	7	8	9	10

120. Thinking about **now**, in general would you say your mental health is...



121. Which of these statements is more true for you?

I usually have a free choice and control over my life (1)

Whatever I do has no real effect on what happens to me (2)

CW3_CONTRL

122. Please select the answer that best describes your experience of each over the last two weeks

i lease lick one option for	Cacillow				
	Rarely (2)	Some of the time (3)	Often (4)	All of the time (5)	
I've been feeling optimistic CW3_ about the future	_WEMWBS_1				
I've been feeling useful CW3_V	VEMWBS_2				
I've been feeling relaxed CW3_V	WEMWBS_3				
l've been dealing with problems	CW3_WEMWBS	_4			
I've been thinking clearly	L CW3_WEMWBS	5_5			
I've been feeling close to other people	CW3_WEMWB	S_6			
I've been able to make up my	CW3_WEMWB	S_7			

Please tick **one option** for each row

123. Have you recently been able to concentrate on what you're doing?



124. Have you recently lost much sleep over worry?



125. Have you recently felt that you are playing a useful part in things?



126. Have you recently felt capable of making decisions about things?



127. Have you recently felt constantly under strain?



128. Have you recently felt you couldn't overcome your difficulties?



129. Have you recently been able to enjoy your normal day to day activities?



130. Have you recently been able to face up to your problems?



131. Have you recently been feeling unhappy or depressed?

(3)



132. Have you recently been losing confidence in yourself?



133. Have you recently been thinking of yourself as a worthless person?



134. Have you recently been feeling reasonably happy, all things considered?



135. Do you have any difficulty with your memory, or with solving problems, or any other difficulty with everyday thinking?



136. Over the last 2 weeks, how often have you been bothered by the following problems?

Please tick one option for each row	Not at all (1)	Several days (2)	More than half the days (3)	Nearly every day (4)
Feeling nervous, anxious or on edge	/3_GAD2PHQ2_	1		
Not being able to stop or control worrying	W3_GAD2PHQ2	_2		
Little interest or pleasure in doing things	/3_GAD2PHQ2_	3		
Feeling down, depressed or hopeless CW3_C	GAD2PHQ2_4			

137. Please select the answer that best describes your experience of each **over the last two weeks**

Please tick one option for each row	Strongly disagree (1)	Disagree (2)	Neutral (3)	Agree (4)	Strongly agree (5)
In uncertain times, I usually expect the best	CW3_OPTMSN	I_1			
I'm always optimistic about my future	CW3_OPTMS	SM_2			
Overall, I expect more good things to happen to me than bad	CW3_OPTMSI	VI_3			

138. On a scale from 0-10, where 0 is 'never' and 10 is 'always', how **willing to take risks** would say you are?

Please tick one option.

Never	(CW3_RIS	K						Alv	vays
0	1	2	3	4	5	6	7	8	9	10

139. On a scale from 0-10, where 0 is 'never' and 10 is 'always', how **patient** would you say you are?



140. On a scale from 0-10 where 0 means you are 'not at all trusting' of other people and 10 means you are 'extremely trusting' of other people, **how trusting of other people** would you say you are?

Ple	ease tick	one op	tion.							
		C\	V3_TRU	ST						
Not at a	ll trustir	ng 📃						Extrem	ely trus	sting
0	1	2	3	4	5	6	7	8	9	10

141. On a scale from 0-10 where 0 means you are 'not at all trusting' and 10 means you are 'extremely trusting', how **trusting are you that British Governments**, of any party, place the needs of the nation above the needs of their own political party? *Please tick one option.*

1 10		ono opt								
		ſ	CW3_TR	USTPOL	Р					
Not at al	I trustin	ig ¹						Extren	nely trus	sting
0	1	2	3	4	5	6	7	8	9	10

The next questions will ask about a number of events.

142. Please read each item carefully and then indicate whether or not each event has happened to you since the Coronavirus outbreak in March.

Please tick one option for each row	Yes, s CO outbre	VID	No (3)		
Have you had a serious illness or been serious		FEEVENT	S2_1_2	CW3_LIFEEVEN	TS2_1_3
Has one of your immediate family been serious	CW3_LI	FEEVENT	S2_2_2	CW3_LIFEEVEN	TS2_2_3
Have any of your close friends or other close r	CW3_LIF	EEVENT	S2_3_2	CW3_LIFEEVEN	S2_3_3
Have you, or an immediate family member been subject to any abuse, attack or threat CW3_LIFE race?		62_4_2	CW3_LIF	FEEVENTS2_4_3]
Have you, or an immediate family member been subject to any abuse, attack or threat for anot reason?		EEVENTS	2_5_2	CW3_LIFEEVENT	S2_5_3

Please tick one option for each re	Yes, since COVID outbreak (NO (3)	
Have any of your immediate family died?	CW3_LIFEEVE	ENTS1_1_2	CW3_LIFEEVENTS1_1_3
Have any of your other close relatives or died?	CW3_LIFEEVE	ENTS1_2_2	CW3_LIFEEVENTS1_2_3
Have you separated from your partner (nd death)?	CW3_LIFEEVE	ENTS1_3_2	CW3_LIFEEVENTS1_3_3
Have you or your partner been unemploye seeking work for more than one month?	CW3_LIFEE	/ENTS2_6_2	CW3_LIFEEVENTS2_6_3
Have you or your partner been sacked from or made redundant?	CW3_LIFEE	VENTS1_4_2	CW3_LIFEEVENTS1_4_3
Have you had any major financial difficultie debts, difficulty paying bills)?	CW3_LIFEE	VENTS2_7_2	CW3_LIFEEVENTS2_7_3
Have you had any serious housing difficult being evicted?	CW3_LIFEE	VENTS1_6_2	CW3_LIFEEVENTS1_6_3
Have you or an immediate member of you been a victim of crime?	CW3_LIFEE	VENTS2_8_2	CW3_LIFEEVENTS2_8_3

143. Have you experienced any other events that have had a major impact on your life since the outbreak of the Coronavirus in March?

CW3_MAJIMP	Yes (1)
	No $(2) \rightarrow go \text{ to question } 145$

144. Please describe what has happened to you.

CW3_MAJIMPOTH

Г

145. We would welcome any comments about your own experiences, which have not been captured by the questions.

You can write as much or little as you like, and cover any topic you choose.

	7	-	,		
CW3_OPEN					
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Thank you for completing the questionnaire