

**STRICTLY
CONFIDENTIAL**

1989

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**NATIONAL SURVEY OF HEALTH AND DEVELOPMENT
(Medical Research Council)**

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Disability Supplementary Questions

Nurse's name	INTC89	<table border="1"><tr><td> </td><td> </td></tr></table>		

BATC89

Disability Supplementary Questions

1. For those who answered yes to questions 1a,1b,1c, or 1d please circle the level of disability in the appropriate section

1.a Walking

Can walk more than a quarter of a mile without stopping or severe discomfort	0	
Can walk more than 200 yd (but less than ¼ mile) without stopping or severe discomfort	1	WALKC89
Can walk more than 50 yd without stopping or severe discomfort	2	
Can only walk a few steps without stopping or severe discomfort	3	
Cannot walk at all	4	

1.b Steps and stairs

Can walk up and down a flight of stairs in a normal manner without stopping for a rest and without holding on ..	0	
Can only walk up and down a flight of stairs without stopping for a rest and without holding on if goes sideways or one step at a time	1	STEP89
Can only walk up and down a flight of 12 stairs if holds on (doesn't need a rest)	2	STEP89
Can only walk up and down a flight of 12 stairs if holds on and takes a rest	3	
Can walk up and down at least one step but cannot manage a flight of 12 stairs	4	
Cannot walk up and down one step	5	

1.c Falling

Has not fallen in the past year	0	
Has fallen once or twice in the past year	1	FALLC89
Has fallen between 3 and 11 times in the past year	2	
Has fallen 12 or more times in the past year	3	

Balance

Does not need to hold on to something to keep balance	0	
Needs to hold on occasionally to keep balance	1	BALC89
Often needs to hold on to something to keep balance	2	
Always needs to hold on to something to keep balance	3	

1.d Bending and straightening

Can bend down to <u>sweep</u> up something from the floor and straighten up	0	
Can bend down to <u>pick</u> up something from the floor and straighten up	1	BENDC89
Can bend down far enough to touch knees and straighten up ..	2	
Cannot bend down far enough to touch knees and straighten up	3	

1.e For those who answered yes to question 1e please ask the following supplementary question.

(i) Using your [RIGHT/LEFT] arm, how difficult is it for you to

	Right			Left		
	Not difficult at all	Difficult	Impossible	Not difficult at all	Difficult	Impossible
Hold your arm out in front of you to shake hands with someone?.... HANRC89 HANLC89	1	2	3	1	2	3
Put your hand up to your head to put a hat on?..... HATRC89 HATLC89	1	2	3	1	2	3
Put your hand behind your back to tuck in a blouse/shirt?..... TUKRC89 TUKLC89	1	2	3	1	2	3
Put your arm above your head to reach for something above you?... HEDRC89 HEDLC89	1	2	3	1	2	3

1.f For those who answered yes to question 1.f please ask the following supplementary question.

(i) Using your [RIGHT/LEFT] hand only, can you

	Right		Left	
	Yes	No	Yes	No
Pick up and carry a 5 lb bag of potatoes? POTRC89 POTLC89	1	2	1	2
Turn a tap on and off? TAPRC89 TAPLC89	1	2	1	2
Pick up a small object, such as a safety pin? PINRC89 PINLC89	1	2	1	2

If answered no to any activity above ask the following 2 questions

2. For those who answered yes to question 2a,2b,2c,2d,2e,2f,2g or 2h please establish whether or not the activity can be done without help.

		Can do without help?	
		Yes	No
a	washing hands and face FACEC89	1	0
b	washing all over WASHC89	1	0
c	dressing and undressing DRESC89	1	0
d	getting in and out of a chair CHARC89	1	0
e	getting in and out of bed BEDC89	1	0
f	getting to the toilet WCGOC89	1	0
g	using toilet WCINC89	1	0
h	feeding yourself, including cutting up food FEEDC89	1	0

3.a For those who answered yes to question 3a please record below what devices they use.

AIDBC89

.....
.....

3.b For those who answered yes to question 3b please indicate how often they lose control of their bladder.

BLADC89

- At least once every 24 hours 5
- Less than every 24 hours, but at least once a week 4
- Less than once a week, but at least twice a month 3
- Less than twice a month, but at least once a month..... 2
- Less than once a month 1

3.c For those who answered yes to question 3c please establish how often they lose control of their bowels?

BOWLC89

- At least once every 24 hours 5
- Less than every 24 hours, but at least once a week 4
- Less than once a week, but at least twice a month 3
- Less than twice a month, but at least once a month 2
- Less than once a month 1

4.b For those who answered yes to question 4b please circle the level of disability (with glasses or lenses if worn)

Can see well enough to read a large print book	1	SEEAC89
Can see well enough to read a newspaper headline	2	
cannot see well enough to read a newspaper headline	3	

4.c For those who answered yes to question 4c please circle the level of disability (with glasses or lenses if worn)

Can recognise a friend across the road, but only with difficulty	0	SEEB89
Sees well enough to recognise a friend across a room (but not across a road)	1	
Sees well enough to recognise a friend who is an arm's length away (but not across a room)	2	
Sees well enough to recognise a friend if close to his face	3	
Can see the shapes of the furniture in this room	4	
Can tell by the light where the windows are	5	
Cannot tell by the light where the windows are	6	

5.b For those who answered yes to question 5b please circle the level of disability (with hearing aid if worn)

Has no difficulty hearing someone talking in a quiet room (with hearing aid)	1	
Has no difficulty hearing someone talking in a loud voice in a quiet room	2	HEARC89
Can follow a TV programme at volume others find acceptable	3	
Can use a telephone	4	
Can hear a door bell, alarm clock or telephone bell	5	
Can follow a TV programme with the sound turned up	6	
Cannot follow a TV programme with the sound turned up ..	7	
Cannot hear sounds at all	8	

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