## Blood Pressure outcome variables at 69-71y (Phase 1 Insight 46) (2015-7)

This document details all the blood pressure measures recorded at the Phase 1 Insight 46 visit, downloaded from XNAT. Blood pressure (BP) and pulse rate (PR) were recorded using an Omron HEM-905 automated digital oscillometric sphygmomanometer. Measurements were performed twice (one minute apart) recumbent in the right arm after 3 minutes of rest, and then twice following three minutes of standing quietly, by a Clinical Research Associate.

## Variables:

(NB these have been renamed on Skylark to fit the NSHD naming schema)
bpcompleted_17-whether measures were collected
Coded as:

```
0 = not collected
1 = collected
```

Isbp1_17 - first lying systolic BP after 3 minutes of rest ( $\mathbf{m m H g}$ )
Isbp2_17-second lying systolic BP after 3 minutes of rest ( mmHg )
Idbp1_17-first lying diastolic BP after 3 minutes of rest ( mmHg )
Idbp2_17-second lying diastolic BP after 3 minutes of rest ( mmHg )
Ipr1_17 - first lying pulse rate after 3 minutes of rest (beats per minute)
lpr2_17 - second lying pulse rate after 3 minutes of rest (beats per minute)
ssbp1_17 - first standing systolic BP after 3 minutes of rest ( mmHg )
ssbp2_17-second standing systolic BP after 3 minutes of rest ( mmHg )
sdbp1_17-first standing diastolic BP after 3 minutes of rest ( mmHg )
sdbp2_17-second standing diastolic BP after 3 minutes of rest ( mmHg )
spr1_17-first standing pulse rate after 3 minutes of rest (beats per minute)
spr2_17-second standing pulse rate after 3 minutes of rest (beats per minute)
If missing, variable coded as:

$$
-99=\text { missing }
$$

## Summary statistics

| bpcompleted_17 | Frequency | Percent |
| :--- | :--- | :--- |
| $\mathbf{0}$ | 1 | 0.20 |
| $\mathbf{1}$ | 501 | 99.80 |
| Total | 502 | 100.0 |


| Variable | Obs | Mean | Std. Dev. | Min | Max |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Isbp1_17 | 501 | 139.2794 | 17.60471 | 70 | 196 |
| Isbp2_17 | 501 | 136.9701 | 17.03658 | 89 | 196 |
| Idbp1_17 | 501 | 74.64271 | 10.15116 | 47 | 112 |
| Idbp2_17 | 501 | 73.46507 | 10.33292 | 46 | 113 |
| Ipr1_17 | 501 | 66.99002 | 11.96921 | 43 | 123 |
| lpr2_17 | 501 | 67.32535 | 11.86777 | 42 | 113 |
| ssbp1_17 | 501 | 136.9242 | 18.75746 | 87 | 204 |
| ssbp2_17 | 501 | 136.8024 | 18.81571 | 84 | 210 |
| sdbp1_17 | 501 | 80.52096 | 10.92548 | 43 | 115 |
| sdbp2_17 | 501 | 80.22555 | 10.81642 | 54 | 114 |
| spr1_17 | 501 | 75.2495 | 13.38565 | 42 | 124 |
| spr2_17 | 501 | 75.68263 | 13.42628 | 39 | 121 |

