

CW2\_NTAG1

## MRC National Survey of Health and Development COVID-19 Questionnaire

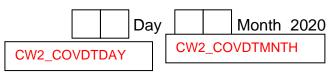
Version: 21/10/2020

The questionnaire covers the impact of the coronavirus outbreak on your work, your health, your family, and your social life. The answers you give will help researchers understand the impact of the outbreak on people's lives. We will ask you to do this at regular intervals throughout the outbreak to see how things change for you.

The survey should take about 30 minutes to complete. As always, answering these questions is voluntary and you can skip over any questions that you cannot or would prefer not to answer. The 'Privacy and data protection' FAQs on the study website provide details about how we protect the information you provide and how it will be used for research.

If you have any problems, queries or concerns, you can contact us using at <u>mrclha.enquiries@ucl.ac.uk</u> or please telephone 0800 952 0249 or 020 7670 5700.

Please enter the date you completed the questionnaire:

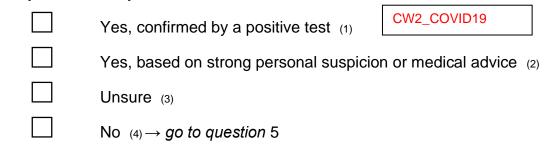


Please enter a cross if the questionnaire was completed by proxy on behalf of the study member

What is the relationship of proxy to study r	ember:		CW2_COVPRX
······································	CW2_COVPRXYDTL	]	

#### The first few questions will ask about your health.

**1.** Do you think that you have or have had Coronavirus?



2. When do you think you got (or might have got) Coronavirus? If you have thought you have had Coronavirus on more than one occasion please tick the month in which you most recently think you got it.

February or earlier (1)	CW2_COVID19POS
March (2)	
April (3)	
May (4)	
June (5)	
July (6)	
August (7)	
September (8)	
October (9)	
	March (2) April (3) May (4) June (5) July (6) August (7) September (8)

**3.** Have you sought medical advice in relation to any symptoms you have had, which you think may be caused by Coronavirus? *Please tick all that apply.* 

CW2_COVIDADV_1	Yes - discussed symptoms with doctor/GP/practice nurse (1)
CW2_COVIDADV_2	Yes - discussed symptoms with NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland (2)
CW2_COVIDADV_3	Yes – accessed online advice at NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland $(3)$
CW2_COVIDADV_4	Yes - visited pharmacist (4)
CW2_COVIDADV_5	Yes - visited A&E or walk in centre (5)
CW2_COVIDADV_6	No (6)

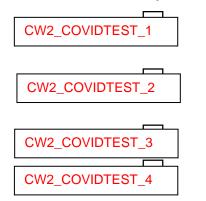
4. Have you been in hospital because of Coronavirus symptoms?

Yes (1)

NO (2)

CW2\_COVID\_HOSPAD

5. Have you been tested for Coronavirus? *Please tick all that apply.* 



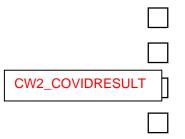
Yes - a throat swab or nasal swab or saliva test or nasal mucus test for current infection (1)

Yes – a finger stick or blood test or serology test or antibody test for past infection (2)

Yes – but I don't know which type (3)

No  $(4) \rightarrow go to question 8$ 

6. What was the result of your coronavirus test? If you had more than one test please report the findings of the latest test.



Positive - it showed I had coronavirus (1)

Negative - it showed I did not have coronavirus (2)

Inconclusive (3)

Waiting for results (4)

7. When did you have this test?

February or earlier (1)
March (2)
April (3)
May (4)
June (5)
July (6)
August (7)
September (8)
October (9)

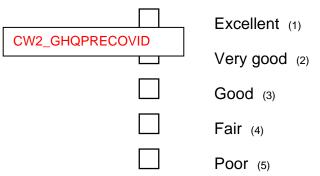
8. Have you experienced any of the following symptoms in the past 2 weeks? *Please tick all that <u>apply.</u>* 

Fever (1) CW2_COVIDSYMPT_1	Fatigue (11) CW2_COVIDSYMPT_11
Cough - dr <del>y (2)</del> CW2_COVIDSYMPT_2	Unusual loose motions or diarrhoea (12) CW2_COVIDSYMPT_12
Cough - mucus or phleam (3) CW2_COVIDSYMPT_3	Vomiting (13) CW2_COVIDSYMPT_16
Sore throat (4) CW2_COVIDSYMPT_4	Loss of smell (14) CW2_COVIDSYMPT_13
Chest tightness_(5) CW2_COVIDSYMPT_5	Loss of taste (15) CW2_COVIDSYMPT_14
Shortness of breath (6) CW2_COVIDSYMPT_6	Skin rash (16) CW2_COVIDSYMPT_17
Runny nose (7) CW2_COVIDSYMPT_7	Headaches (17) CW2_COVIDSYMPT_19
Nasal congestion_(8)	Other, please speci CW2_COVIDSYMPT_20
Sneezing (9) CW2_COVIDSYMPT_18	CW2_COVIDSYMPTO
Muscle or body aches (10) CW2_COVIDSYMPT_10	No - none of these (19) CW2_COVIDSYMPT_23

9. In general, would you say your health is...



**10.** In general, in the 3 months **before** the Coronavirus outbreak would you say your health was...



**11.** At the time of the Coronavirus outbreak in March, were you taking any prescribed medication?



Yes (1)

No  $(2) \rightarrow$  go to question 17

**12.** Which type of prescribed medication were you taking at that time? *Please tick all that apply.* 

CW2_PMEDTYP_1	Asthma medication $(1) \rightarrow go to question 14$
CW2_PMEDTYP_2	Oral contraceptive or hormone replacement therapy $(2) \rightarrow go to$ question 14
CW2_PMEDTYP_3	Anti-depressant or anxiety medication $(3) \rightarrow go \ to \ question \ 14$
CW2_PMEDTYP_4	Diabetes medication $(4) \rightarrow go to question 14$
CW2_PMEDTYP_5	Hypertension or cardiovascular disease medication (5)
CW2_PMEDTYP_6	Cancer chemotherapy $(6) \rightarrow go \text{ to question } 14$
CW2_PMEDTYP_7	Other $(7) \rightarrow go \ to \ question \ 14$

**13.** Were you taking any of the following medications for hypertension or cardiovascular disease at that time?

Please tick all that apply.

CW2_CARDMED_1	ACE-inhibitor (e.g. Ramipril, Lisinopril) (1)
CW2_CARDMED_2	Sartan (e.g. Losartan, Valsartan, Candesartan) (2)
CW2_CARDMED_3	Entresto (sucubitril/valsartan) (3)
CW2_CARDMED_4	None of these (4)

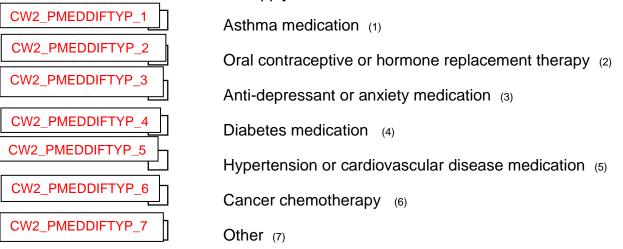
**14.** Since the Coronavirus outbreak in March, have you had any difficulty obtaining any of your prescribed medication?



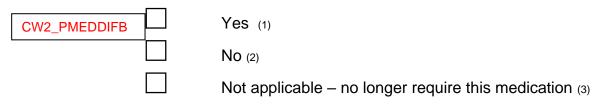
Yes (1)

No / Not applicable  $(2) \rightarrow go \text{ to question } 17$ 

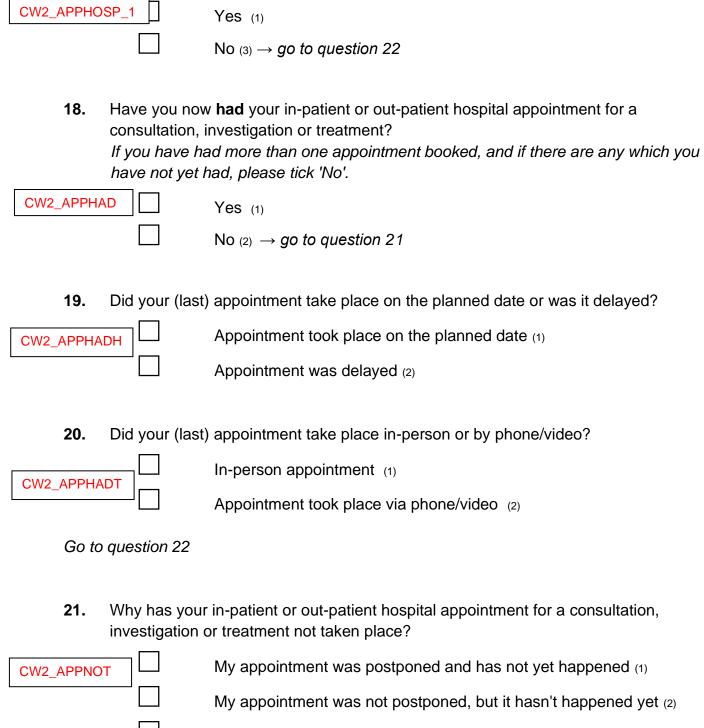
**15.** Which type of medication did you have difficulty obtaining? *Please tick all that apply.* 



16. Are you still having any difficulty obtaining any of your prescribed medication?

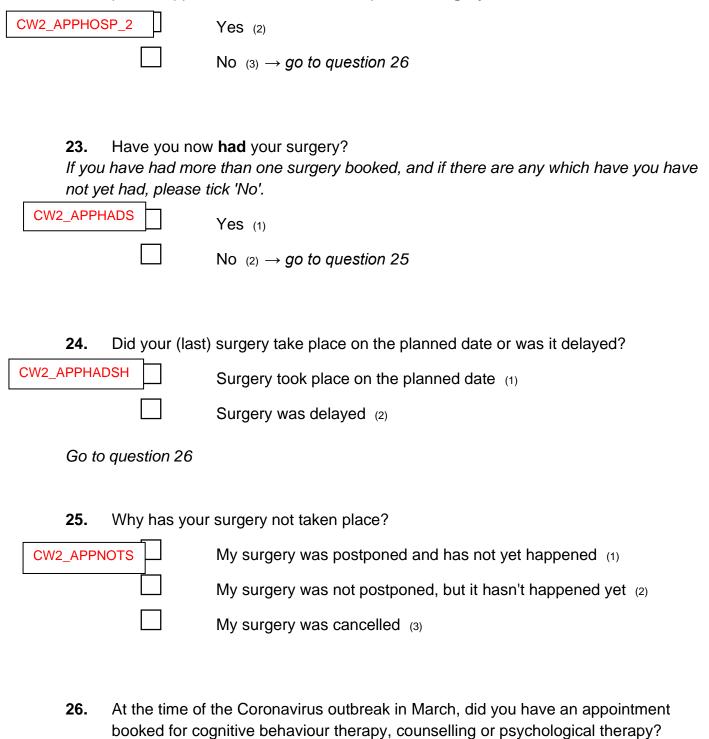


**17.** At the time of the Coronavirus outbreak in March, did you have an in-patient or outpatient appointment booked at a hospital for a **consultation**, **investigation**, **treatment**?



My appointment was cancelled (3)

**22.** At the time of the Coronavirus outbreak in March, did you have an in-patient or outpatient appointment booked at a hospital for **surgery**?





- Yes (1)
  - No  $(2) \rightarrow go \text{ to question } 31$

- 27. Have you now had your appointment for cognitive behaviour therapy, counselling or psychological therapy? If you have had more than one appointment booked, and if there are any which you have not yet had, please tick 'No'. **CW2 APPMENHAD** Yes (1) No  $(2) \rightarrow go to question 30$ 28. Did your (last) appointment take place on the planned date or was it delayed? CW2\_APPMENHADH Appointment took place on the planned date (1) Appointment was delayed (2) 29. Did your (last) appointment take place in-person or by phone/video? In-person appointment (1) CW2\_APPHADTH Appointment took place via phone/video (2) Go to question 31. 30. Why has your appointment for cognitive behaviour therapy, counselling or psychological therapy not taken place? **CW2 APPNOTH** My appointment was postponed and has not yet happened (1) My appointment was not postponed, but it hasn't happened yet (2) My appointment was cancelled (3) The next questions are about who you are currently living with.
  - 31. How many people do you currently live with? Please include yourself.
  - 32.

	CW2_HHNUM
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If you live alone, go to question 40

# **33.** If you live with other people, who do you currently live with? *Please tick all that apply.*

CW2_HHNUMWH_1	Husband/Wife/Cohabiting Partner $(1) \rightarrow go \ to \ question \ 34$
CW2_HHNUMWH_2	Children (including adult children, step-children, adopted children, foster children or any other children you consider yourself parent to)
CW2_HHNUMWH_3	Parent or Parent-in-law (including step-parent or adoptive parent) $_{(3)} \rightarrow$ go to question 34
CW2_HHNUMWH_5	Grandchild $(5) \rightarrow go \ to \ question \ 34$
CW2_HHNUMWH_6	Sibling $(6) \rightarrow go \ to \ question \ 34$
CW2_HHNUMWH_7	Other relative $(7) \rightarrow go \ to \ question \ 34$
CW2_HHNUMWH_8	Friend / unrelated sharer $_{(8)} \rightarrow$ go to question 34
CW2_HHNUMWH_9	Other (9) $\rightarrow$ go to question 34

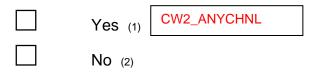
### 33a. How many of your children do you currently live with?

CW2\_NUMCHIL

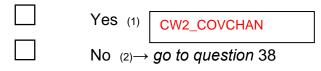
**33b.** Please give the age and gender of each child you live with.

		Age	Gender			
CW2_CHILAGE_1_1	Child 1		Male		Female	CW2_CHILSEX_1
CW2_CHILAGE_2_1	Child 2		Male		Female	CW2_CHILSEX_2
CW2_CHILAGE_3_1	Child 3		Male		Female	CW2_CHILSEX_3
CW2_CHILAGE_4_1	Child 4		Male		Female	CW2_CHILSEX_4
CW2_CHILAGE_5_1	Child 5		Male		Female	CW2_CHILSEX_5

**34.** Do you have any children who you do not live with? Please include adult children, step-children, adopted children, foster children or any other children you consider yourself parent to.



**35.** Are you in a relationship (husband/wife/partner) with someone at the moment?



**36.** On a scale from 1 to 7, where '1' means that you are 'very unhappy' and '7' means that you are 'very happy', how happy is your relationship with your partner at the moment, all things considered?

Please tick one option. CW2_RELSAT							
Ve	ery unł	парру				Very	happy
	1	2	3	4	5	6	7
[							

**37.** Since the national lockdown restrictions started to be eased in June, has the amount you have argued with your partner changed, compared to when the lockdown restrictions were strictest?

CW2_RELCONFL1	
	$\square$

My partner and I have argued more often since June, compared to when the lockdown restrictions were strictest (1)

No change - same as during the period when lockdown restrictions were strictest (2)

My partner and I have argued less often since June, compared to when the lockdown restrictions were strictest (3)

**38.** If you live in a household more people than either just you, or you and your partner During the period **between March and May**, when the lockdown restrictions were strictest, did the amount you argued with the people you live with change compared to before the Coronavirus outbreak?

CW2_FAMCONFL1	

I argued with the people I live with more often between March and May, compared to before the Coronavirus outbreak (1)

No change - same as before the Coronavirus outbreak (2)

I argued with the people I live with less often between March and May, compared to before the Coronavirus outbreak (3)

Not applicable – only live with partner or alone  $(4) \rightarrow go$  to question 40

**39.** If you live in a household more people than either just you, or you and your partner Since the national lockdown restrictions started to be eased in June, has the amount you have argued with the people you live with changed compared to when the lockdown restrictions were strictest?

CW2_FAMCONFL2
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I have argued with the people I live with more often since June, compared to when the lockdown restrictions were strictest (1)

No change - same as during the period when lockdown restrictions were strictest (2)

I have argued with the people I live with less often since June, compared to when the lockdown restrictions were strictest (3)

Not applicable – only live with partner or alone (4)

**40.** In the month before the Coronavirus outbreak in March, did you need help with personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) because you could not manage them alone?



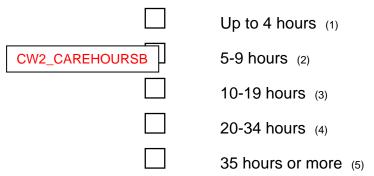
Yes - I needed help (1)

No  $(3) \rightarrow$  go to question 43

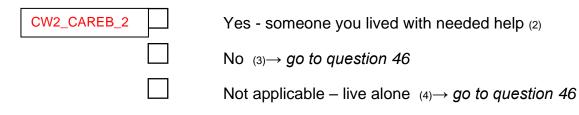
**41.** In the month before the Coronavirus outbreak in March, who provided you with the help you needed? *Please tick all that apply.* 

CW2_WHOCAREB_1	Nobody – needs were not met (1) $\rightarrow$ <i>go to question</i> 43
CW2_WHOCAREB_2	Husband/wife/partner (2)
CW2_WHOCAREB_3	Son or daughter or other family member (include even if not blood
	related) (3)
CW2_WHOCAREB_4	Friend or neighbour (4)
CW2_WHOCAREB_5	Voluntary helper (5)
CW2_WHOCAREB_6	Paid/professional help (6)
CW2_WHOCAREB_7	Other (7)

**42.** In the month before the Coronavirus outbreak in March, how many hours of help did you usually get each week?



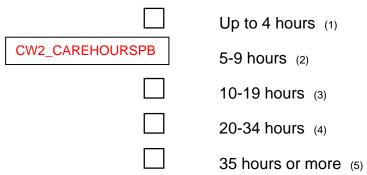
**43.** In the month before the Coronavirus outbreak in March, did someone you lived with need help with personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) because they could not manage them alone?



**44.** In the month before the Coronavirus outbreak in March, who provided the person you live with the help they needed? *Please tick all that apply.* 

CW2_WHOCAREPB_1	Nobody – needs were not met $(1) \rightarrow go$ to question 46
CW2_WHOCAREPB_2	Me (2)
CW2_WHOCAREPB_3	My husband / wife / partner (3)
CW2_WHOCAREPB_4	Son or daughter or other family member (include even if not blood
	related) (4)
CW2_WHOCAREPB_5	Friend or neighbour (5)
CW2_WHOCAREPB_6	Voluntary helper (6)
CW2_WHOCAREPB_7	Paid/professional help (7)
CW2_WHOCAREPB_8	Other (8)

**45.** In the month before the Coronavirus outbreak in March, how many hours of help did they usually get each week?



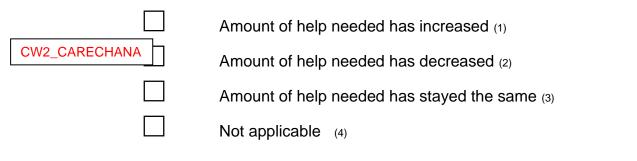
**46.** In the last four weeks, have you needed help with personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) because you could not manage them alone?



Yes - I needed help (1)

No  $(3) \rightarrow$  go to question 50

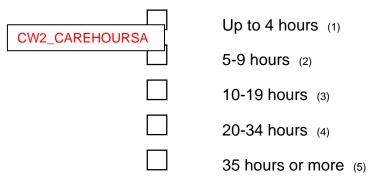
**47.** Compared to before the Coronavirus outbreak, has the amount of help that you now need changed?



**48.** In the last four weeks, who has provided you with the help you have needed? *Please tick all that apply.* 

CW2_CAREWHOA_1	Nobody – needs were not met (1) $\rightarrow$ <i>go to question</i> 50
CW2_CAREWHOA_2	Husband/wife/partner (2)
CW2_CAREWHOA_3	Son or daughter or other family member (include even if not blood related) (3)
CW2_CAREWHOA_4	Friend or neighbour (4)
CW2_CAREWHOA_5	Voluntary helper (5)
CW2_CAREWHOA_6	Paid/professional help (6)
CW2_CAREWHOA_7	Other (7)

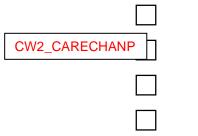
**49.** In the last four weeks, how many hours of help have you usually received each week?



**50.** In the last four weeks, has someone you lived with needed help with personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) because they could not manage them alone?

CW2_CAREA_2	Yes - someone I lived with needed help (2)
	No $(3) \rightarrow$ go to question 54
Not applicable – live alone $(4) \rightarrow go$ to question	

**51.** Compared to before the Coronavirus outbreak, has the amount of help that someone you lived with now need changed?



Amount of help needed has increased (1)

Amount of help needed has decreased (2)

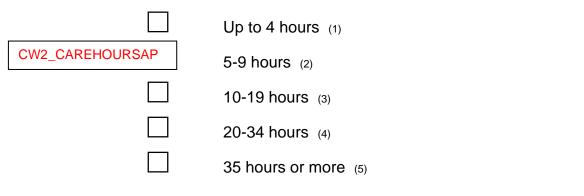
Amount of help needed has stayed the same (3)

Not applicable (4)

**52.** In the last four weeks, who provided the person you live with the help they needed? *Please tick all that apply.* 

CW2_CAREWHOAP_1	Nobody – needs were not met $(1) \rightarrow go$ to question 54
CW2_CAREWHOAP _2	Me (2)
CW2_CAREWHOAP_3	Husband/wife/partner (3)
CW2_CAREWHOAP_4	Son or daughter or other family member (include even if not blood related) (4)
CW2_CAREWHOAP_5	Friend or neighbour (5)
CW2_CAREWHOAP_6	Voluntary helper (6)
CW2_CAREWHOAP_7	Paid/professional help (7)
CW2_CAREWHOAP_8	Other (8)

53. In the last four weeks, how many hours of help has someone you lived with usually received each week?



#### The next few questions are about where you are currently living.

Which country do you live in? 54.

	England (1)
CW2_COUNTRES	Wales (2)
	Scotland (3)
	Northern Ireland (4)
	Other (specify) (5) CW2_COUNTRESOTH

55. Have you moved to a new address since the beginning of June?

	Yes (1)
CW2_MOVE	
	No $(2) \rightarrow$ go to question 59

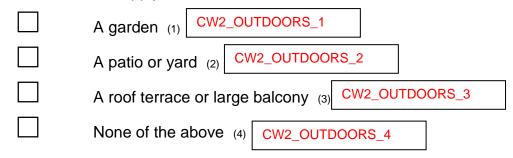
56. Please enter the postcode of the address at which you are currently living, even if this is a temporary address.

ſ	-		1		
CW2_CMPOST					
	_		1		

57. How many rooms are there in the home where you are currently living, not counting kitchens, bathrooms, toilets utility rooms, halls and garages?

Please do not include conservatories unless they are used as a living room all year round. CW2 NUMROOMS

**58.** Do you have a garden, a patio or yard, a roof terrace or large balcony? Please tick all that apply



**59.** Do you (or your household) own or rent your home or have some other arrangement?

	Own – outright (1)
CW2_TENURE	Own - buying with help of a mortgage / loan (2)
	Pay part rent and part mortgage (shared / equity ownership) (3)
	Rent it (4)
	Live here rent-free, including rent-free in relative's / friend's / employer's property; exclude squatting (5)
	Squatting (6)
	Other arrangement (7)

60. Has your tenure changed since the start of the Coronavirus outbreak in March?



Yes (1)

No  $(2) \rightarrow go to question 62$ 

**61.** At the start of the Coronavirus outbreak in March, did you (or your household) own or rent your home or have some other arrangement?

Own – outright (1)
Own - buying with help of a mortgage / loan (2)
Pay part rent and part mortgage (shared / equity ownership) (3)
Rent it (4)
Live here rent-free, including rent-free in relative's / friend's / employer's property; exclude squatting (5)
Squatting (6)
Other arrangement (7)

The following questions are about your financial situation, your job, or any other things that you were doing.

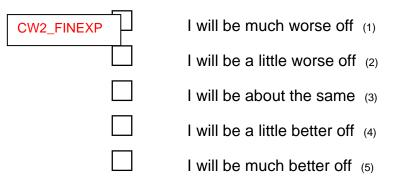
62.	Overall, ho	w do you feel you	<sup>r</sup> current financial situation compares to before the				
	Coronavirus outbreak?		CW2_FINANCIALMAND				
			se off (1)	1			
l'm a little			orse off (2)				
			same $(3) \rightarrow go \ to \ question \ 64$				
			ter off $_{(4)} \rightarrow go to question$	64			
		I'm much bette	er off $(5) \rightarrow go$ to question (	64			

**63.** You said that you are worse off now compared to before the Coronavirus outbreak. Have you {if living with a partner: or your partner} done any of the following as a result of this?

Pease tick all that apply.

CW2_FINHTY_1	Reduced spending (1)
CW2_FINHTY_2	Used savings (1)
CW2_FINHTY_3	New borrowing from bank or credit card (1)
CW2_FINHTY_4	New borrowing from family and friends (1)
CW2_FINHTY_5	None of these (1)

64. In **12 months' time**, how do you expect your financial situation will compare to before the Coronavirus outbreak?



**65.** Since the Coronavirus outbreak in March, have you (or your partner if you have one) made any **new** claims for the following? *Please tick all that apply.* 

CW2_BENEFITD_4Employment and Support Allowance (3)CW2_BENEFITD_5Statutory sick pay (4)CW2_BENEFITD_6Council tax support or reduction (5)CW2_BENEFITD_9Carers allowance or Personal independence payments (6)CW2_BENEFITD_7New government financial support for self employed people (7)CW2_BENEFITD_8No - none of these (8)	CW2_BENEFITD_2	Universal credit (2)
CW2_BENEFITD_6       Council tax support or reduction (5)         CW2_BENEFITD_9       Carers allowance or Personal independence payments (6)         CW2_BENEFITD_7       New government financial support for self employed people (7)	CW2_BENEFITD_4	Employment and Support Allowance (3)
CW2_BENEFITD_9       Carers allowance or Personal independence payments (6)         CW2_BENEFITD_7       New government financial support for self employed people (7)	CW2_BENEFITD_5	Statutory sick pay (4)
CW2_BENEFITD_7       New government financial support for self employed people (7)	CW2_BENEFITD_6	Council tax support or reduction (5)
	CW2_BENEFITD_9	Carers allowance or Personal independence payments (6)
CW2_BENEFITD_8 No - none of these (8)	CW2_BENEFITD_7	New government financial support for self employed people (7)
	CW2_BENEFITD_8	No - none of these (8)

# 66. Since the Coronavirus outbreak in March, have you used any of the following? *Please tick all that apply.*

CW2_BENEFITOTH_1	Mortgage or rent payment holidays (1)
CW2_BENEFITOTH_5	Council tax payment holiday (5)
CW2_BENEFITOTH_2	Other debt repayment or interest payment holidays (2)
CW2_BENEFITOTH_4	No - none of these (4)

**67.** Between March 2019 and March 2020, did you give financial help, in the form of money or by paying for goods (for example groceries, medicines) to any of the following?

Please tick all that apply.

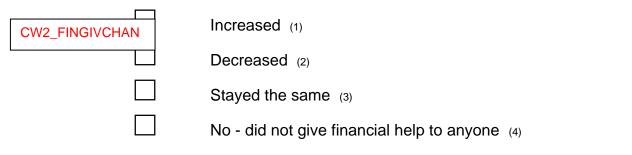
CW2_FINGIVB_1	Adult children, including in-laws (1)
CW2_FINGIVB_2	Parents, including in-laws (2)
CW2_FINGIVB_3	Siblings (3)
CW2_FINGIVB_4	Former spouse or partner (4)
CW2_FINGIVB_5	Friends or neighbours (5)
CW2_FINGIVB_6	Someone else (6)
CW2_FINGIVB_7	No - did not give financial help to anyone (7)

**68.** Since the Coronavirus outbreak in March, have you given financial help, in the form of money or by paying for goods (for example groceries, medicines) to any of the following?

Please tick all that apply.

CW2_FINGIVD_1	Adult children, including in-laws (1)
CW2_FINGIVD_2	Parents, including in-laws (2)
CW2_FINGIVD_3	Siblings (3)
CW2_FINGIVD_4	Former spouse or partner (4)
CW2_FINGIVD_5	Friends or neighbours (5)
CW2_FINGIVD_6	Someone else (6)
CW2_FINGIVD_7	No - did not give financial help to anyone (7)

**69.** Compared with before the Coronavirus outbreak in March, has the amount of financial help you have been **giving** since then ....?



**70.** Between March 2019 and March 2020, did you receive financial help, in the form of money or by paying for goods (for example groceries, medicines) from any of the following?

Please tick all that apply.

CW2_FINRECB_1	Adult children, including in-laws (1)
CW2_FINRECB_2	Parents, including in-laws (2)
CW2_ FINRECB _3	Siblings (3)
CW2_FINRECB_4	Former spouse or partner (4)
CW2_ FINRECB _5	Friends or neighbours (5)
CW2_FINRECB_6	Someone else (6)
CW2_FINRECB_7	No - did not receive financial help to anyone (7)

**71. Since the Coronavirus outbreak in March**, have you **received** financial help, in the form of money or by paying for goods (for example groceries, medicines) from any of the following?

Please tick all that apply.

CW2_FINRECD_1	Adult children, including in-laws (1)
CW2_ FINRECD _2	Parents, including in-laws (2)
CW2_FINRECD_3	Siblings (3)
CW2_FINRECD_4	Former spouse or partner (4)
CW2_FINRECD_5	Friends or neighbours (5)
CW2_FINRECD_6	Someone else (6)
CW2_FINRECD_7	No - did not receive financial help to anyone (7)

**72.** Compared with before the Coronavirus outbreak in March, has the amount of financial help you have been **receiving** since then ....?

CW2_FINRCHAN	Increased (1)
	Decreased (2)
	Stayed the same (3)
	No - did not receive financial help to anyone (4)
73. Which of thes	se would you say best describes your situation <b>now</b> ?
CW2_ECONACTIVITYD	Employed and currently working (or on annual leave / holiday) $(1) \rightarrow go$ to question 74
	Employed but on paid leave (including furlough) $_{(2)} \rightarrow go$ to question 78
	Employed and on unpaid leave $(3) \rightarrow go$ to question 78
	Apprenticeship $(4) \rightarrow go to question 74$
	In unpaid/voluntary work $(5) \rightarrow go \ to \ question \ 74$
	Self-employed and currently working $_{(6)} \rightarrow go \ to \ question \ 74$
	Self-employed but not currently working $(7) \rightarrow go$ to question 78
	Unemployed $(8) \rightarrow go \text{ to question 79}$
	Permanently sick or disabled $(9) \rightarrow go \ to \ question \ 79$
	Looking after home or family $(10) \rightarrow go$ to question 79
	In education at school/college/university $(11) \rightarrow go \ to \ question \ 79$
	Retired $(12) \rightarrow go \text{ to question } 79$
	Doing something else $(13) \rightarrow go$ to question 79

**74.** How many hours per week do you usually work **now**, not including meal breaks but including overtime?



**75.** Which of the following best describes your work location **since** the Coronavirus outbreak?

	Work from your own home (1)	
CW2_WRKLOCATIOND	Work at employer's premises $(2) \rightarrow go$ to question 77	
	Work some days at home and some days at employer's premises	(3)
	Other $(4) \rightarrow go \text{ to question 77}$	

**76.** Using a scale of 0 to 10, where 0 means 'completely disagree' and 10 means 'completely agree', please indicate the extent to which you agree or disagree with the statement below.

	CW2_HWR	KSAT	I am able to work effectively whilst being at home								
Completely disagree Co						Comp	letely a	gree			
	0	1	2	3	4	5	6	7	8	9	10

**77.** Are you a Key worker, or has your work been classified as critical to the Covid-19 response?



**78.** All things considered, how satisfied or dissatisfied are you with your present job overall?

	Very satisfied (1)
CW2_JOBSATIS	Somewhat satisfied (2)
	Neither satisfied nor dissatisfied (3)
	Dissatisfied (4)
	Very dissatisfied (5)
	Not applicable (6)
79. Which of the	se would you say best describes <b>your partner's</b> situation <b>now</b> ?
	Employed and currently working $(1) \rightarrow go \ to \ question \ 80$
CW2_PECONACTIVITYD	Employed but on paid leave (including furlough) $_{(2)} \rightarrow$ <i>go to question</i> 82
	Employed and on unpaid leave $(3) \rightarrow go \ to \ question \ 82$
	Apprenticeship $(4) \rightarrow go \ to \ question \ 80$
	In unpaid/voluntary work $(5) \rightarrow go \ to \ question \ 80$
	Self-employed and currently working $_{(6)} \rightarrow$ <i>go to question</i> 80
	Self-employed but not currently working $(7) \rightarrow go \ to \ question \ 82$
	Unemployed $(8) \rightarrow go \ to \ question \ 82$
	Permanently sick or disabled $(9) \rightarrow go \ to \ question \ 82$
	Looking after home or family $(10) \rightarrow go \ to \ question \ 82$
	In education at school/college/university $(11) \rightarrow go \ to \ question \ 82$
	Retired (12) $\rightarrow$ go to question 82
	Doing something else $(13) \rightarrow go to question 82$
	Not applicable, no partner $(0) \rightarrow go \ to \ question \ 82$

**80.** How many hours per week does **your partner** usually work **now**, not including meal breaks but including overtime?

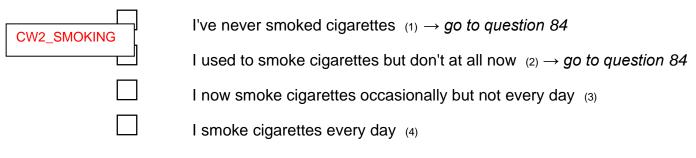


**81.** Is **your partner** a Key worker, or has their work been classified as critical to the Covid-19 response?



# The next set of questions are about smoking, drinking alcohol, exercise, diet and sleep.

82. Which of these statements applies to you?



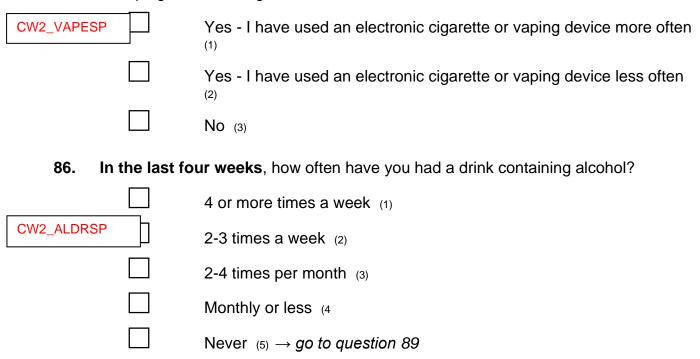
83. In the last four weeks, how many cigarettes a day have you typically smoked?



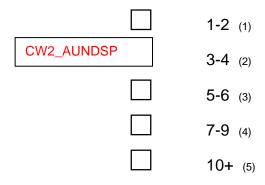
**84.** Now thinking about electronic cigarettes or vaping devices, which of these statements applies to you?

CW2_VAPE	I've never used an electronic cigarette or a vaping device $(1) \rightarrow go to$ question 86
	I used to use an electronic cigarette or a vaping device but don't at all now $_{(2)} \rightarrow go \ to \ question \ 86$
	I now use an electronic cigarette or a vaping device occasionally but not every day (3)
	I use electronic cigarettes or vaping devices every day (4)

**85.** In the last four weeks, has the amount you have been using an electronic cigarette or vaping device changed?



**87.** In the last four weeks, how many standard alcoholic drinks do you have on a typical day when you were drinking?



88. Since the national lockdown restrictions started to be eased in June, how often have you found you were not able to stop drinking once you had started?



**89.** In the last four weeks, on how many days in a typical week did you do 30 minutes or more of exercise where you are working hard enough to raise your heart rate and break into a sweat?



**90.** In the last four weeks, how many portions of fresh fruit and vegetables have you eaten in a typical day?

A portion of fruit could be a whole piece of fruit, like an apple or banana or 80g of fruit (like in a fruit salad).

A portion of vegetables is 3 heaped tablespoons of cooked vegetables or beans /pulses or a handful of cherry tomatoes or a small bowl of salad. It does not include potatoes.

Juice/smoothies can count as 1 portion per day.



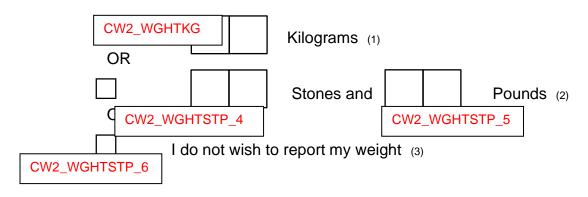
**91.** In the last four weeks, how many hours have you slept each night on average? Please round to the nearest hour.



### The next question is about your weight.

92. What is your weight?

Please report your weight in kilograms or stones and pounds.



The next few questions are about the contact you have had with people you do not live with in the last seven days.

**93.** In the last seven days, on how many days did you meet up in person with any of your family or friends who do not live with you?



**94.** In the last seven days, on how many days did you talk to family or friends you do not live with via phone or video calls?



**95.** In the last seven days, on how many days did you keep in contact with family or friends you do not live with by email or text or other electronic messaging?



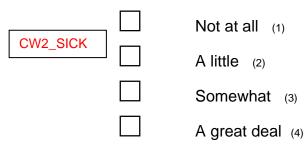
**96.** In the last seven days, on how many days did you take part in an online community activity, e.g. an online community group, online chat group, street or neighbourhood social media group?



**97.** In the last seven days, on how many days did you give help to people outside of your household affected by Coronavirus or the current restrictions?



**98.** If you were sick in bed how much could you count on the people around you to help out?



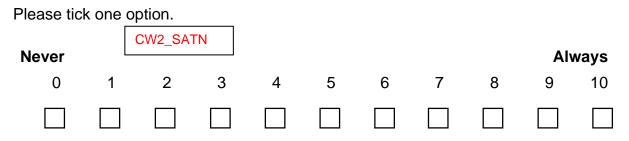
**99.** If you needed to talk about your problems and private feelings, how much would the people around you be willing to listen?

CW2_LISTEN	Not at all (1)
	A little (2)
	Somewhat (3)
	A great deal (4)

### The next few questions are about the way you have been feeling recently.

Please tick one option for each row	Hardly ever	Some of the time	Often (3)
<b>100.</b> How often do you feel that you lack companionship?	CW2_LONEL	_Y_1	
<b>101.</b> How often do you feel left out? CW2_LONELY_2			
<b>102.</b> How often do you feel isolated from others? CW2_LC	DNELY_3		
<b>103.</b> How often do you feel lonely? CW2_LONELY_4			

**104.** Overall, how satisfied are you with your life nowadays, where 0 means 'not at all' and 10 means 'completely'?



**105.** In the 3 months before the Coronavirus outbreak in March, in general would you say your mental health was...



**106.** Thinking about now, in general would you say your mental health is...



**107.** Which of these statements is more true for you?

CW2\_CONTRL

I usually have a free choice and control over my life (1)

Whatever I do has no real effect on what happens to me (2)

**108.** Please select the answer that best describes your experience of each **over the last two weeks** *Please tick one option for each row* 

	None of the time (1)	Rarely (2)	Some of the time (3)	Often (4)	All of the time (5)
I've been feeling optimistic about the future	MWBS_1				
l've been feeling useful	W2_WEMWBS_2				
I've been feeling relaxed	W2_WEMWBS_3				
l've been dealing with problem well	W2_WEMWBS_4				
I've been thinking clearly	CW2_WEMWBS_5				
I've been feeling close to other people	CW2_WEMW	/BS_6			
I've been able to make up my own mind about things	CW2_WEMWE	3S_7			

	Please tick one option for each row	Better than usual (1)	Same as usual (2)	Less than usual <sup>(3)</sup>	Much less than usual (4)
109.	Have you recently been able to concentrate on what you're doing?	CW2_GHQ121			
110.	Have you recently lost much sleep over worry?	CW2_GHQ12	22		
111.	Have you recently felt that you are playing a useful part in things?	CW2_GHQ123	]		
112.	Have you recently felt capable of making decisions about things?	CW2_GHQ124			
113.	Have you recently felt constantly under strain?	CW2_GHQ	125		
114.	Have you recently felt you couldn't overcome your difficulties?	CW2_GHQ126			
115.	Have you recently been able to enjoy your normal day to day activities?	CW2_GHQ127			
116.	Have you recently been able to face up to your problems?	CW2_GHQ128			
117.	Have you recently been feeling unhappy or depressed?	CW2_GHQ129			
118.	Have you recently been losing confidence in yourself?	CW2_GHQ121			
119.	Have you recently been thinking of yourself as a worthless person?	CW2_GHQ121	1		
120.	Have you recently been feeling reasonably happy, all things considered?	CW2_GHQ121	2		

**121.** Over the last 2 weeks, how often have you been bothered by the following problems?

Please tick one option for each row	Not at all (1)	Several days (2)	More than half the days (3)	Nearly every day (4)
Feeling nervous, anxious or on edge CW2_G	AD2PHQ2_1			
Not being able to stop or control worrying	2_GAD2PHQ2_2	2		
Little interest or pleasure in doing things	2_GAD2PHQ2_3	3		
Feeling down, depressed or hopeless	GAD2PHQ2_4	<b>,</b>		

**122.** Please select the answer that best describes your experience of each **over the last two weeks** 

Please tick one option for each row	Strongly disagree	Disagree (2)	Neutral (3)	Agree (4)	Strongly agree (5)
In uncertain times, I usually expect the best	_OPTMSM_1				
I'm always optimistic about my future	OPTMSM_2				
Overall, I expect more good things to happen to me than bad	_OPTMSM_3				
<b>123.</b> On a scale from 0-10, would say you are? <i>Please tick one option</i>			) is 'always', ł	now <b>willing to</b>	o take risks
Never				Alw	vays
0 1 2	3 4	5 6	7	8 9	10
<b>124.</b> On a scale from 0-10, say you are? <i>Please tick one option</i>	CW2 PAT		) is 'always', ł	now <b>patient</b> w	vould you
Never				Alw	ays
0 1 2	3 4	56	7	8 9	10
<b>125.</b> On a scale from 0-10 10 means you are 'ex would you say you are <i>Please tick one option</i>	tremely trusti e?	ng' of other p			-
Not at all trusting			E	ctremely trus	ting
0 1 2	3 4	5 6	7	8 9	10

**126.** On a scale from 0-10 where 0 means you are 'not at all trusting' and 10 means you are 'extremely trusting', how **trusting are you that British Governments**, of any party, place the needs of the nation above the needs of their own political party?

Ple	ease tick	one opt	ion.	CW2_TRU	STPOLP					
Not at al	I trustin	g						Extren	nely tru	sting
0	1	2	3	4	5	6	7	8	9	10

#### We would like to know about how you have been spending your time recently.

**127.** How many hours have you been spending doing each of the following activities on a typical week day in the **last two weeks**?

Please enter whole hours (e.g. 1) or half hours (e.g. 1.5). Please round to the nearest half an hour.

If you are not sure of the exact amount of time, please give your best estimate.

If you have not typically spent any time doing an activity, or you have typically spent less than half an hour doing an activity please enter 0.

	Number of hours
Paid work (1)	CW2_Timeuse_1
Volunteering / unpaid work (not for your household) (2)	CW2_Timeuse_2
Home schooling your children (if you have any) (3)	CW2_Timeuse_3
Other interactive activities with children (e.g. reading to them, playing games with them, painting/drawing with them, doing puzzles together). (4)	CW2_Timeuse_4
Caring for someone other than a child (5)	CW2_Timeuse_5
Housework (e.g. cleaning, laundry, cooking, DIY) (6)	CW2_Timeuse_6
Studying (7)	CW2_Timeuse_7
Physical activity / exercise (8)	CW2_Timeuse_8
Other leisure activities and hobbies (e.g. TV, gaming, reading, news, listening to music, gardening, online shopping, mealtime, relaxing) (9)	CW2_Timeuse_9
Socialising with non-household members via telephone, video- calling or messaging (10)	CW2_Timeuse_10

	Number of hours
Socialising with non-household members in person (11)	CW2_Timeuse_11
Travelling for work (12)	CW2_Timeuse_12
Shopping or essential appointments (13)	CW2_Timeuse_13
Personal care (e.g. taking a shower/bath, grooming, getting dressed etc.) (14)	CW2_Timeuse_14
III in bed (15)	CW2_Timeuse_15
Other (16)	CW2_Timeuse_16

**128.** How many hours in total have you been spending outside of your home on a typical week day in the **last two weeks**?

Please do not include time spent in your garden or any other outdoor space which is part of your home.

Please round to the nearest hour.



**129.** The next questions will ask about a number of events.

Please read each item carefully and then indicate whether or not each event has happened to you in the 12 months prior to the Coronavirus outbreak or since the Coronavirus outbreak in March.

Please tick one option for each row			n 12 ths ore D (1)	Yes, since COVID outbreak (2)	No (3)	
Have you had a serious illnesses seriously injured?	V2_LIFEEVENTS2_	_1_1	CW2_LIF	EEVENTS2_1_2	CW2_LIFEEVENTS2_1_3	
Has one of your immediate fa	W2_LIFEEVENTS2	_2_1	CW2_LI	FEEVENTS2_2_2	CW2_LIFEEVENTS2_2_3	3
Have any of your close friend relatives been seriously ill or i	N2_LIFEEVENTS2	_3_1	CW2_LI	FEEVENTS2_3_2	CW2_LIFEEVENTS2_3_3	}
Have you, or an immediate family been subject to any abuse, atta because of race?	CW2_LIFEEVENTS	2_4_1	CW2_L	IFEEVENTS2_4_2	CW2_LIFEEVENTS2_4_3	3
Have you, or an immediate family been subject to any abuse, Cw2 for another reason?	/ member _LIFEEVENTS2_5	_3	CW2_LI	FEEVENTS2_5_1	CW2_LIFEEVENTS2_5_2	2
Have any of your immediate	/2_LIFEEVENTS1_	_1_1	CW2_LIF	EEVENTS1_1_2	CW2_LIFEEVENTS1_1_3	3
Have any of your other close close friends died?	V2_LIFEEVENTS1_	_2_1	CW2_LI	FEEVENTS1_2_2	CW2_LIFEEVENTS1_2_3	}
Have you separated from y including death)?	_LIFEEVENTS1_3	_1 C	W2_LIFE	EVENTS1_3_2	CW2_LIFEEVENTS1_3_	3
Have you or your partner beer contract or seeking work for more than contract or seeking work for work for work for work for work for w	W2_LIFEEVENTS2	2_6_1	CW2_LI	FEEVENTS2_6_2	CW2_LIFEEVENTS2_6_	.3
Have you or your partner been exyour job or made redundant?	N2_LIFEEVENTS1	_4_1	CW2_L	IFEEVENTS1_4_2	CW2_LIFEEVENTS1_4_	_3
Have you had any major financia (e.g. debts, difficulty paying bill	CW2_LIFEEVENTS	62_7_1	CW2_I	IFEEVENTS2_7_2	CW2_LIFEEVENTS2_7_3	3
Have you had any serious	_LIFEEVENTS1_6_	_1 C'	W2_LIFE	EVENTS1_6_2	CW2_LIFEEVENTS1_6_3	3
Have you or an immediate mor	W2_LIFEEVENTS	2_8_1	CW2_LI	FEEVENTS2_8_2	CW2_LIFEEVENTS2_8_	3

**130.** Have you experienced any other events that have had a major impact on your life since the outbreak of the Coronavirus in March?

CW2_MAJIMP	Yes (1)
	No $(2) \rightarrow go \text{ to question } 132$
131. Please des	cribe what has happened to you.
CW2_	MAJIMPOTH

**132.** We would welcome any comments about your own experiences, which have not been captured by the questions.

You can write as much or little as you like, and cover any topic you choose.

CW2_OPEN	7	•	
	<u></u>		 

133. As the coronavirus remains with us, we would like to send you some more questions in the coming months. Your help will be much valued in enabling us to understand the changes to people's health and wellbeing in these difficult times. If you wish to complete postal versions of future questionnaires, please tick the box below.

CW2\_NSHDMO\_4

Postal Only

### Thank you for completing the questionnaire