STRICTLY CONFIDENTIAL

Self-Completion Booklet N-TAG

RECDSC15 RECMSC15 RECYSC15

MRC NATIONAL SURVEY OF HEALTH AND DEVELOPMENT
Unit for Lifelong Health and Ageing at UCL
33 Bedford Place
London
WC1B 5JU

HOME VISIT 2015

Self-completion Booklet

Version: 12/01/2015

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Booklet completed	
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Nurse No.	NUSC15						
Interview date	day INTDSC15	month INTMSC15	2	yea 0	ar 1	5	

Please answer **ALL** the following questions about how you have been feeling **over the past few weeks**Remember that we want to know about your **present** and **recent** complaints, **not** those you had in the past.

HAVE	YOU	RECENT	LY:
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 Been feeling perfectly well and in good health? GHQ0115

(CIRCLE **ONE** NUMBER)

Better than usual 1
Same as usual 2
Worse than usual 3
Much worse than usual 4

2. Been feeling in need of a good tonic?

HQ0215	(CIRCLE ONE	NUMBE
Not at all		1
No more that	2	
Rather more	3	
Much more	than usual	4

3. Been feeling run down and out of sorts?

Much more than usual

GHQ0315	(CIRCLE ONE N	NUMBER		
Not at all		1		
No more that	2			
Rather more	than usual	3		

4. Felt that you are ill?

GHQ0415 (CIRCLE ONE NUMBER)

Not at all 1
No more than usual 2
Rather more than usual 3
Much more than usual 4

5. Been getting any pains in your head?

GHQ0515 (CIRCLE ONE NUMBER)

Not at all 1
No more than usual 2
Rather more than usual 3
Much more than usual 4

6. Been getting a feeling of tightness or pressure in your head? GHQ0615

(CIRCLE ONE NUMBER)

Not at all 1
No more than usual 2
Rather more than usual 3
Much more than usual 4

7. Been having hot or cold spells?

GHQ0715 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

8. Lost much sleep over worry?

GHQ0815 (CIRCLE ONE NUMBER)

Not at all 1

No more than usual 2

Rather more than usual 3

Much more than usual 4

9. Had difficulty staying asleep once you are off? GHQ0915

(CIRCLE ONE NUMBER)

Not at all 1
No more than usual 2
Rather more than usual 3
Much more than usual 4

10. Been managing to keep yourself busy and occupied? GHQ1015

(CIRCLE ONE NUMBER)

More so than usual 1
Same as usual 2
Rather less than usual 3
Much less than usual 4

11. Been taking longer over the things you do?

GHQ1115 (CIRCLE ONE NUMBER)

Quicker than usual 1
Same as usual 2
Longer than usual 3
Much longer than usual 4

12. Felt on the whole you were doing things well?

GHQ1215 (CIRCLE ONE NUMBER)

Better than usual 1
About the same as usual 2
Less well than usual 3
Much less well 4

13. Been satisfied with the way you've carried out your task?

GHQ1315 (CIRCLE ONE NUMBER)

More satisfied 1
About the same as usual 2
Less satisfied than usual 3
Much less satisfied 4

14. Felt that you are playing a useful part in things?

GHQ1415 (CIRCLE ONE NUMBER)

More so than usual 1
Same as usual 2
Less useful than usual 3
Much less useful 4

GHO1515 (CIRCLE ONE NUMBER) More so than usual 1 Same as usual 2 Less so than usual 3 Much less capable 4 16. Felt constantly under strain? GHO1615 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 2 Rather more than usual 3 Much more than usual 2 Rather more than usual 3 Much more than usual 4 17. Been able to enjoy your normal day-to-day activities? GHO1715 (CIRCLE ONE NUMBER) More so than usual 1 Same as usual 2 Less so than usual 3 Much more than usual 4 18. Been getting edgy and bad-tempered? GHO1815 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 4 19. Been getting edgy and bad-tempered? GHO1815 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 2 Rather more than usual 3 Much more than usual 3 Much more than usual 4 19. Been getting scared or panicky for no good reason? GHO1915 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 4 20. Found everything getting on top of you? GHO2015 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 2 Rather more than usual 3 Much more than usual 4 20. Found everything getting on top of you? GHO2015 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 2 Rather more than usual 3 Much more than usual 4 21. Been feeling nervous and strung-up all the time? GHO2315 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 2 Rather more than usual 3 Much more than usual 3 Much more than usual 3 Much more than usual 4 22. Felt that life isn't worth living? GHO2415 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 3 Much more than usual 3 Much more than usual 4 23. Been feeling nervous and strung-up all the time? GHO2315 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 2 Rather more than usual 3 Much more than usual 3 Much more than usual 4 24. Felt that life isn't worth living? GHO2415 (CIRCLE ONE NUMBER) Not at all 1 No more than usual 3 Much more than usual 3 Much more than usual 3 Much more than usual 4 25. Found yourself wishing you were dead and away from it all? Not at all 1 No more than usual 2 Rather more than usual 4 26. Found yourself w	15.	Felt capable of maki	ing decisions	about things?	22.	Felt th	at life is	entire	ly hop	eless	?		
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