

**STRICTLY
CONFIDENTIAL**

Self-Completion Booklet
N-TAG

RECDSC15 RECMSC15 RECYSC15

MRC NATIONAL SURVEY OF HEALTH AND DEVELOPMENT
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HOME VISIT 2015

Self-completion Booklet

Version: 12/01/2015

BCOMPSC15

Booklet completed

Nurse No.	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>			
	NUSC15							
Interview date	day		month		year			
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	INTDSC15		INTMSC15		2	0	1	5

Please answer **ALL** the following questions about how you have been feeling **over the past few weeks**
Remember that we want to know about your **present** and **recent** complaints, **not** those you had in the past.

HAVE YOU RECENTLY:

1. Been feeling perfectly well and in good health? **GHQ0115**

(CIRCLE ONE NUMBER)

Better than usual	1
Same as usual	2
Worse than usual	3
Much worse than usual	4

2. Been feeling in need of a good tonic?

GHQ0215 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

3. Been feeling run down and out of sorts?

GHQ0315 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

4. Felt that you are ill?

GHQ0415 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

5. Been getting any pains in your head?

GHQ0515 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

6. Been getting a feeling of tightness or pressure in your head? **GHQ0615**

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

7. Been having hot or cold spells?

GHQ0715 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

8. Lost much sleep over worry?

GHQ0815 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

9. Had difficulty staying asleep once you are off? **GHQ0915**

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

10. Been managing to keep yourself busy and occupied? **GHQ1015**

(CIRCLE ONE NUMBER)

More so than usual	1
Same as usual	2
Rather less than usual	3
Much less than usual	4

11. Been taking longer over the things you do?

GHQ1115 (CIRCLE ONE NUMBER)

Quicker than usual	1
Same as usual	2
Longer than usual	3
Much longer than usual	4

12. Felt on the whole you were doing things well?

GHQ1215 (CIRCLE ONE NUMBER)

Better than usual	1
About the same as usual	2
Less well than usual	3
Much less well	4

13. Been satisfied with the way you've carried out your task ?

GHQ1315 (CIRCLE ONE NUMBER)

More satisfied	1
About the same as usual	2
Less satisfied than usual	3
Much less satisfied	4

14. Felt that you are playing a useful part in things?

GHQ1415 (CIRCLE ONE NUMBER)

More so than usual	1
Same as usual	2
Less useful than usual	3
Much less useful	4

15. Felt capable of making decisions about things?

GHQ1515 (CIRCLE ONE NUMBER)

- More so than usual 1
- Same as usual 2
- Less so than usual 3
- Much less capable 4

16. Felt constantly under strain?

GHQ1615 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

17. Been able to enjoy your normal day-to-day activities? **GHQ1715**

(CIRCLE ONE NUMBER)

- More so than usual 1
- Same as usual 2
- Less so than usual 3
- Much less than usual 4

18. Been getting edgy and bad-tempered?

GHQ1815 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

19. Been getting scared or panicky for no good reason? **GHQ1915**

(CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

20. Found everything getting on top of you?

GHQ2015 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

21. Been thinking of yourself as a worthless person? **GHQ2115**

(CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

22. Felt that life is entirely hopeless?

GHQ2215 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

23. Been feeling nervous and strung-up all the time?

GHQ2315 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

24. Felt that life isn't worth living?

GHQ2415 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

25. Thought of the possibility that you might make away with yourself? **GHQ2515**

(CIRCLE ONE NUMBER)

- Definitely not 1
- I don't think so 2
- Has crossed my mind 3
- Definitely have 4

26. Found at times you couldn't do anything because your nerves were too bad?

GHQ2615 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

27. Found yourself wishing you were dead and away from it all?

GHQ2715 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

28. Found that the idea of taking your life kept coming into your mind?

GHQ2815 (CIRCLE ONE NUMBER)

- Definitely not 1
- I don't think so 2
- Has crossed my mind 3
- Definitely has 4

**THANK YOU VERY MUCH FOR
COMPLETING THIS QUESTIONNAIRE**