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RECDSC0610

RECMSC0610

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SERNO

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CLINIC STUDY 2008-10

Self-completion Booklet

Version current as of April 2008

BCOMPSC0610

Booklet completed

| | | | | |
|-----------------------|----------------------|----------------------|----------------------|----------------------|
| Nurse No. | <input type="text"/> | <input type="text"/> | | |
| | NUSC10610 | NUSC20610 | | |
| Interview date | day | month | year | |
| | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| | INTDSC0610 | INTSCM0610 | INTYSC0610 | |

CLINSC0610

1a. Thinking about the person you have felt closest to in the last 12 months please answer the following questions:

(CIRCLE ONE NUMBER)

- a.** Is this person your ...
- | | |
|-------------------------|----|
| husband/wife/partner | 01 |
| boyfriend/girlfriend | 02 |
| parent | 03 |
| brother/sister | 04 |
| son/daughter | 05 |
| other relative | 06 |
| neighbour | 07 |
| friend from work | 08 |
| other friend | 09 |
| other (please describe) | 10 |

FRL0610

No-one 11 → GO TO QUESTION 2

b. How much in the last 12 months did this person make you **feel good** about yourself?

(CIRCLE ONE NUMBER)

- | | |
|--------------|---|
| Not at all | 0 |
| A little | 1 |
| Quite a lot | 2 |
| A great deal | 3 |

FRFG0610

c. How much in the last 12 months did you **share** interests, hobbies and fun with this person?

(CIRCLE ONE NUMBER)

- | | |
|--------------|---|
| Not at all | 0 |
| A little | 1 |
| Quite a lot | 2 |
| A great deal | 3 |

FRSH0610

d. How much in the last 12 months did this person give you **worries, problems and stress**?

(CIRCLE ONE NUMBER)

- | | |
|--------------|---|
| Not at all | 0 |
| A little | 1 |
| Quite a lot | 2 |
| A great deal | 3 |

FRPR0610

e. How much in the last 12 months **did you confide** in this person?

(CIRCLE ONE NUMBER)

- | | | |
|--------------|---|----------|
| Not at all | 0 | |
| A little | 1 | FRCD0610 |
| Quite a lot | 2 | |
| A great deal | 3 | |

f. How much in the last 12 months would you have **liked to have confided more** in this person?

(CIRCLE ONE NUMBER)

- | | | |
|--------------|---|----------|
| Not at all | 0 | |
| A little | 1 | FRCM0610 |
| Quite a lot | 2 | |
| A great deal | 3 | |

g. How much in the last 12 months did talking to this person **make things worse**?

(CIRCLE ONE NUMBER)

- | | | |
|--------------|---|----------|
| Not at all | 0 | |
| A little | 1 | FRWR0610 |
| Quite a lot | 2 | |
| A great deal | 3 | |

2. Overall, do you think you have enough opportunity to talk openly and share your feelings about things?

(CIRCLE ONE NUMBER)

- | | | |
|-----|---|----------|
| Yes | 1 | FEEL0610 |
| No | 0 | |

Please answer **ALL** the following questions about how you have been feeling **over the past few weeks**
Remember that we want to know about your **present** and **recent** complaints, **not** those you had in the past.

HAVE YOU RECENTLY:

3. Been feeling perfectly well and in good health?

GHQ010610 (CIRCLE ONE NUMBER)

| | |
|-----------------------|---|
| Better than usual | 1 |
| Same as usual | 2 |
| Worse than usual | 3 |
| Much worse than usual | 4 |

4. Been feeling in need of a good tonic?

GHQ020610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

5. Been feeling run down and out of sorts?

GHQ030610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

6. Felt that you are ill?

GHQ040610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

7. Been getting any pains in your head?

GHQ050610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

8. Been getting a feeling of tightness or pressure in your head?

GHQ060610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

9. Been having hot or cold spells?

GHQ070610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

10. Lost much sleep over worry?

GHQ080610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

11. Had difficulty staying asleep once you are off?

GHQ090610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Not at all | 1 |
| No more than usual | 2 |
| Rather more than usual | 3 |
| Much more than usual | 4 |

12. Been managing to keep yourself busy and occupied?

GHQ100610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| More so than usual | 1 |
| Same as usual | 2 |
| Rather less than usual | 3 |
| Much less than usual | 4 |

13. Been taking longer over the things you do?

GHQ110610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| Quicker than usual | 1 |
| Same as usual | 2 |
| Longer than usual | 3 |
| Much longer than usual | 4 |

14. Felt on the whole you were doing things well?

GHQ120610 (CIRCLE ONE NUMBER)

| | |
|-------------------------|---|
| Better than usual | 1 |
| About the same as usual | 2 |
| Less well than usual | 3 |
| Much less well | 4 |

15. Been satisfied with the way you've carried out your task ?

GHQ130610 (CIRCLE ONE NUMBER)

| | |
|---------------------------|---|
| More satisfied | 1 |
| About the same as usual | 2 |
| Less satisfied than usual | 3 |
| Much less satisfied | 4 |

16. Felt that you are playing a useful part in things?

GHQ140610 (CIRCLE ONE NUMBER)

| | |
|------------------------|---|
| More so than usual | 1 |
| Same as usual | 2 |
| Less useful than usual | 3 |
| Much less useful | 4 |

17. Felt capable of making decisions about things?

GHQ150610 (CIRCLE ONE NUMBER)

- More so than usual 1
- Same as usual 2
- Less so than usual 3
- Much less capable 4

18. Felt constantly under strain?

GHQ160610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

19. Been able to enjoy your normal day-to-day activities?

GHQ170610 (CIRCLE ONE NUMBER)

- More so than usual 1
- Same as usual 2
- Less so than usual 3
- Much less than usual 4

20. Been getting edgy and bad-tempered?

GHQ180610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

21. Been getting scared or panicky for no good reason?

GHQ190610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

22. Found everything getting on top of you?

GHQ200610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

23. Been thinking of yourself as a worthless person?

GHQ210610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

24. Felt that life is entirely hopeless?

GHQ220610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

25. Been feeling nervous and strung-up all the time?

GHQ230610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

26. Felt that life isn't worth living?

GHQ240610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

27. Thought of the possibility that you might make away with yourself?

GHQ250610 (CIRCLE ONE NUMBER)

- Definitely not 1
- I don't think so 2
- Has crossed my mind 3
- Definitely have 4

28. Found at times you couldn't do anything because your nerves were too bad ?

GHQ260610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

29. Found yourself wishing you were dead and away from it all?

GHQ270610 (CIRCLE ONE NUMBER)

- Not at all 1
- No more than usual 2
- Rather more than usual 3
- Much more than usual 4

30. Found that the idea of taking your life kept coming into your mind?

GHQ280610 (CIRCLE ONE NUMBER)

- Definitely not 1
- I don't think so 2
- Has crossed my mind 3
- Definitely has 4

31. The following statements are about how you feel about different aspects of your life. Please indicate how strongly you agree or disagree with each statement.

| Statements | <i>please circle one number per line</i> | | | | | | |
|--|--|-------|----------------|----------------------------|-------------------|----------|-------------------|
| | Strongly agree | Agree | Slightly agree | Neither agree nor disagree | Slightly disagree | Disagree | Strongly disagree |
| In most ways my life is close to ideal DIEN10610 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| The conditions of my life are excellent DIEN20610 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| I am satisfied with my life DIEN30610 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| So far I have got the important things I want in life DIEN40610 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| If I could live my life again, I would change almost nothing DIEN50610 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

**THANK YOU VERY MUCH FOR
COMPLETING THIS QUESTIONNAIRE**

