STRICTLY CONFIDENTIAL

LA & SERNO A

# NATIONAL SURVEY OF HEALTH AND DEVELOPMENT (Medical Research Council)

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Address (if different from above)	Interviewer's Name	INT82
	— Date of Interview — day	INTM82  INTD82  INTY82  month
	Interview starting time	INTSH82 INTSM82

I'D I	I IKE TO	REGIN BY	ASKING	YOU	SOME	<b>OUESTIONS</b>	<b>ABOUT</b>	YOUR	HOUSEHOLD
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											1414			
1	(a)	How many	people live	in this	household.	including	you?	(give	details	below,	begin	with	survey	member)

19,20]

Name	Relationship to Survey Member	Sex [21]	Age in Years	Occupation Status			
	Survey Member	Male 1 Female 2	Age 3 6	Employed			
		S82	AGESM82	Pre-school age			

(b) Who else lives in this household? How is he/she related to you? Is he/she working or not?

b) Who else lives	in this household? How is he/she	related to you?	is he/she working t	or not:
1. [25-29]	Spouse       1         Partner       2         Parent or       2         parent-in-law       3         Child (inc. step,       4         foster or adopt)       4         Grandparents       4         (and in-laws)       5         Other relation       5         Other non-relation       7         REL182       7	Male 1 Female 2	Age	Employed 1 Not employed but of working age 2 Retired 3 Schoolchild 4 Pre-school age 5
2. [30-34]	Relation	Sex S282	Age A282	Employment
3. [35-39]	Relation	Sex S382	Age A382	EmploymentOCC382
4. [40-44]	Relation	Sex S482	Age	Employment OCC482
5. [45-49]	Relation REL582	Sex S582	Age A582	Employment
6. [50-54]	Relation	Sex S682	Age A682	Employment
7. [55-59]	Relation REL782	Sex 5782	Age 782	Employment
8. [60-64]	Relation	Sex S882	Age	Employment
9. [65-69]	Relation	Sex S982	Age	Employment

Ask all who are not living with a spouse

MARE82

2.	Have you ever been married?							

Yes	1	[70]
No	0	

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M	I /\	ப		×	٠,
_ I*.		$\sim$	L J	$^{\circ}$	_
	100	_	_	_	_

3. And so may I just check then that at the moment you are:

Single and not living with a partner ...... 0 →

Single and not living with a partner	$0 \longrightarrow 10$
Single (i.e. never married)	
and living with a partner	1 6
Married	2
Widowed and <i>not</i> living with a partner	3
Separated and <i>not</i> living with a partner	4 → 4
Divorced and <i>not</i> living with a partner	5
Widowed and living with a partner	6
Separated or Divorced	
and living with a partner	7

Ask all who are living with a spouse

 5. Ask all who've ever been married

				1st Ma [7-2	March 1	ge	2nd Marriage [21-34]	3	3rd Marriage [35-48]
W	hen	ı were you married?	Ŋ		IAF	RM182	MARM282  Month MARY282 Year		MARM382 th 7382
Но	ow (	did this marriage end?		Not ended Death Divorce Separation		1	Not ended 0 Death 1 Divorce 2 Separation 3 MARB282	Deat Divo	ended 0 h 1 rce 2 ration_ARB 3 8 2
		parated or divorced ask a did you stop living together?	I		ARS	SM182	MARSM282  Month MARSY282 Year	MARS	MARSM382
		ath ask a did your husband/wife die?		Month  MARDY1  Year	. [ 82	0M182	MARDM282  Month MARDY282 Year	MARI	MARDM382 th
На	ıd/l	has your husband/wife been married before?		Yes No <u>MA</u>			Yes		1 MARFS382
7. (	(b) (a)	How old was your present (or most recent) husband/wife/partner when he/she left school?  Age in years Unknown  What is his/her date of birth?  month year  SPAGM82 SP  SPESS  Since leaving school has he/she completed any kind of training or further education?  What was the qualification he/she obtained?  SPOUC	PAGY8 ) 32  182	8 10.	(b) (c)	What w What de	employed and actively loc for a job	etime .	$\begin{array}{ccc} & 2 \\ \hline & 3 \\ \hline & (8) \end{array}$
8. (	(a) (b)	And is he/she now in paid work? Yes 1 replaced by 8. (a) above (8)  Is it full-time or part-time? SPFT: Full-time (30 hours or more per week) 1 Part-time (8)  How many hours a week does he/she work? SPHWE	82	9)	(c)	Have you who have	ou ever had any children re died?		CHILD8 2 Yes 1 [72 No 0 (8)
(	d)	What does the firm where he/she works do?							

Ask all who have ever had children, even if the child is now dead

#### 10. (d) Now I'd like to ask you about your children

	1st child [7-13]	2nd child [14-20]	3rd child [21-27]	4th child [28-34]	5th child [35-41]
What is his/her name?					
Is (name) a boy or a girl?	Male .CHIS182 1 Female 2	Male CHIS282 Female 2	Male .CHIS382 Female 2	Male CHIS482 <sub>1</sub> Female 2	Male CHIS582 Female 2
When was he/she born?	Day <u>CHAM182</u> Month Year CHAY182	CHAM282CHAY282	CHAM382CHAY382	CHAM482CHAY482	CHAM582 
Where does he/she live now?	Lives in this household 0  Does not live here but lives With other parent 1 With other	1	0	0	
	relation				3
	(specify       4         Left home       5         Other       (specify       6         Child is now dead       7				
	CHH182 (8)	CHH282 (8)	СНН382 (8)	CHH482 (8)	CHH582 (8)
If this child was born in 1978 or before ask	Name of school	Name of school	Name of school	Name of school	Name of school
Which school does he/she go to?					
What kind of school is this, is it a	State infant 0 State primary 1 State middle 2 State junior 3 State	0123	0123	0123	0123
	comprehensive 4 State other type 5 Independent or private school 6				
	CHSC182 (8)	CHSC282 (8)	CHSC382 (8)	CHSC482 (8)	CHSC582 (8)

## NOW MAY I ASK YOU SOME QUESTIONS

#### ABOUT YOUR ACCOMMODATION

	DMRTP	4
11. Do you live in		
a whole house or bungalowa self-contained, unfurnished flat	. 0	[42]
or maisonette	. 1	
a self-contained furnished flat or maisonette	2	
unfurnished flat (not self-contained)	4	
furnished flat (not self-contained)	5	
lodging house or hostel		
other namely	7	

	OWN82
12. Who owns it?	

wr	10 owns it?	
	are you buying it	0
	renting it from the Council	1
	renting it from a relative	2
	renting it from a private landlord	3
	other, namely	4

<b>13.</b> (a)	How many rooms do how many bedroo how many living	oms?	ROON	182 ]		w do you feel about living in rict? Would you say that you ar happy living here	e	HAPDIS82
	Do you share your kite with any other househ		Yes 1 K No 0	ITS82		fairly happy or not very happy		2 3
(c)	Do you share your bat with any other househ	hroom old?	Yes 1 B	ATS82		d how do you feel about yo ommodation? are you happy fairly happy or unhappy		2
14. (a)	Do you have an indoo	r lavatory?		AVI82 → (c)				
	Do you share it with an household?	ny other	Yes 1 L No 0	AVS82				
	Do you have running l (or do you have to hea Describe method of he not on tap	t it specially?) -	Yes 1H No 0	WAT82				
	Thinking back over y Wales, Scotland or N					road (that is outside Engl	and, Yes No	
		1st time [54-59]		2	nd time [60-65]	3rd time [66-71]		time 2-77]
wl	ow old were you hen you went? or the time	ABRA182	Years	ABRA2	Years	ABRA382	ABRA48	Years
wl	ow old were you hen you stopped ving abroad?	ABRS182	Years	ABRS2	Years	ABRS382	 ABRS482	Years
do	That were you bing during this me abroad?	At school abroad At school in Uk but parent(s) re- abroad Working abroad With forces With spouse wh working abroad Travel Visiting close fa friends Other (specify ABRO182	sident 1 d 2 3 o was 4 5 mily or 6					
	hich country(ies) d you go to?		e de la companya de l					
(0:	t this time did you r your parents) tend to emigrate?	Yes, parents int to emigrate Yes, Survey merintended to eminon No, neither ABRE182	mber igrate . 2				ABRE48	

## NOW I'D LIKE TO ASK YOU SOME QUESTIONS ABOUT HEALTH

17. (a)	The last time you told us al	oout being a patient in hospita	al was in		_ HOAD82
	Have you been a patient in	hospital for at least one nigh	t since then?		. Yes $1 \rightarrow (b)$ [7]
(b)	How many times have you be	een in hospital since then?			
(c)	Interviewer – begin with adm	ission following our last record	and work forward to the presen	t time, in chron	nological order.
	Name of Hospital and Town	Date of Admission (month/year)	Reason for Admission	Length of Stay (days)	Name of Doctor or Ward
1st [10-18]		HO1MT82 HO1YR82	HOADR182	HOADL182	
2nd [19-27]		HO2MT82 HO2YR82	HOADR282	HOADL282	
3rd [28-36]		HO3MT82 HO3YR82	HOADR 382	HOADL382	
4th [37-45]		HO4MT82 HO4YR82I	HOADR482	HOADL482	
5th [46-54]		HO5MT82 HO5YR82	HOADR582	HOADL582	
6th [55-63]		HO6MT82 HO6YR82	HOADR682	HOADL682	
		MLIV82			FLIV82
<b>18.</b> (a)	Is your mother alive?	Yes $1 \longrightarrow 19$ No $0$ Unknown $9$	19. (a) Is your father alive		Yes $1 \longrightarrow 20$ No $0$ Unknown $9$
(b)	When did she die? Month Year _		(b) When did he die?	Month	
(c)	What caused her death?	MDC82	(c) What caused his de	ath?	FDC82

20. There are some kinds of health problems that keep recurring or that people have all the time.

Do you have any of the following all or most of the time? AND Thinking of your parents, can you tell me whether either your mother has/had when she was alive, or your father has/had when he was alive any of these things most or all of the time?

READ OUT INDIVIDUALLY AND PROMPT AT EACH ITEM - yourself? your mother?, your father?

	S. M. [10-30]	Mother [31-51]		Father [52-72]	
	Yes No	Yes No		Yes No	
Bronchitis	BRON82 0	MBRDN820	(8)	FBRON82 <sub>0</sub>	(8)
Sciatica, lumbago or recurring backache	BACK82 0	MBACK820	(8)	FBACK820	(8)
Arthritis or Rheumatism	AR\$2 0	MAR <sup>1</sup> 82 0	(8)	fAR82 0	(8)
Persistent skin trouble (such as eczema or psoriasis)	SKIN82 0	MSKIN82 <sup>0</sup>	(8)	FSKIN82 <sup>0</sup>	(8)
Asthma	ASTH82 0	MASTH820	(8)	FASTH82 <sup>0</sup>	(8)
Hay Fever	HAYF82 0	MHAYF82 0	(8)	fhAYF82 <sup>0</sup>	(8)
Recurring stomach trouble (such as ulcers or acid indigestion)	1 0 TUM82	1 0 MTUM82	(8)	1 0 FTUM82	(8)
Gall bladder trouble	GB8 <sup>1</sup> 2 0	MGB82 0	(8)	FGB82 0	(8)
Hernia	HERN82 0	MHERN82 0	(8)	FHERN82 <sup>0</sup>	(8)
Headaches or migraine	HAK <sup>1</sup> 82 0	MHA <sup>1</sup> <sub>K82</sub> 0	(8)	FHAK82 0	(8)
High blood pressure	HIB182 0	MHIB82 0	(8)	FHIB82 0	(8)
Heart trouble	HAR <sup>1</sup> T82 0	MHART820	(8)	FHART82 <sup>0</sup>	(8)
Trouble with varicose veins	VVT <sup>1</sup> 82 0	MVV <sup>1</sup> T82 0	(8)	FVVT82 0	(8)
Nervous or emotional trouble or persistent depression	1 0 NERV82	1 0 MNERV82	(8)	1 0 FNERV82	(8)
Diabetes	DIAB82 0	MDIAB820	(8)	FDIAB82 <sup>0</sup>	(8)
Persistent trouble with gums or mouth	GUM\$82 0	MGUMS820	(8)	FGUMS820	(8)
Cataracts	CATS82 0	MCATS82 <sup>0</sup>	(8)	FCA <sup>1</sup> TS82 <sup>0</sup>	(8)
Stroke	STR82 0	MSTR82 0	(8)	FSTR82 0	(8)
Epilepsy	EP82 0	1 MEP82 0	(8)	1 FEP82 0	(8)
Kidney or bladder infections so that there is pain when passing water	1 0 KID82	1 0 MKID82	(8)	1 0 FKID82	(8)
Dizziness and unsteadyness	DIZ182 0	MDI <sup>1</sup> Z82 0	(8)	FDIZ82 0	(8)

36.	of the	you see a doctor because his pain or discomfort? CHPRD82  Yes 1 No 0 (8)
		es, what did lie say it was:
37.	acro	MIPAIN8 2 we you ever had a severe pain Yes 1 sess the front of your chest No 0 [47] ing half an hour or more?
Nov	v I'd	like to ask you some questions about work JOB82
38.	(a)	Are you in any kind of paid work now? Yes $1 \longrightarrow 39$ No $0 \longrightarrow [48]$
	(b)	Are you now unemployed and actively looking for work
39.	(a)	What job do you do?  (88)
	(b)	Are you self-employed? Yes $1$ No $0 \longrightarrow (d)$ (8)
,	(c)	How many people do you employ EMP 8 2 Fewer than 10
	(d)	What does your firm do?  INDU8 2  (88)
	(e)	Do you work full-time (30 hours or more) 1 or part-time? WRKFT8 2 2 (8)
	(f)	Last week (or last <i>full</i> working week) WKHW8 2 how many hours did you actively spend working including overtime and working at home?
		Less than 10 hours       1         10-19 hours       2         20-29 hours       3         30-39 hours       4         40-49 hours       5         50 hours or more than 50 hours       6         Unknown       9         WKPL8 2 <sup>(8)</sup>
	(g)	Do you do all your work somewhere else 1 [58] or do you do some of it at home 2 or do you do all of it at home? 3 (8)

. (a) The last job you						JOBCH82
Since then have	you changed your job? .					
	ne about all the paying job					nediately followi
our last record.	in will tust job bejore pres	ieni joo (or spen oi	n oj work) ana wo	nn ouenwurus in o	ruer, to the job thin	neuwiciy jonowi
	Last job before the present job [60-70]	Job before that [7-17]	Job before that [18-28]	Job before that [29-39]	Job before that [40-50]	Job before that [51-61]
What was your job?	OUG18082	OUG28082	OUG38082	OUG48082	OUG58082	OUG68082
Were you self-employed?	Yes	0 SEN282 <sub>1</sub> 0	1 0	SEN482 1 0	SEN582 <sub>1</sub> 0	SEN682 <sub>1</sub> 0
If self-employed ask now many people lid you employ?	Fewer than EMP182 10	EMP282 1 2	EMP382 1 2	EMP482 1 2	EMP582 1 2	EMP682 1 2
	namely 3 (8)	(8)	3 (8)	(8)	(8)	(8)
Was it full-time (30 hours or more a week) or part-time?	Full-time 1 Part-time 2 WRKFT182 (8)					
When did you start this job?	Month	TOBZX 582	TOB 3 X Ses	JÖB4Y <del>S82</del>		JÖBĞÝ382
When did you leave?	Month			JUB41502	JÖB5Y <del>\$82</del>	
	YearJOB1YE82	JÖBŻŸŁ <del>82</del>	J0B3YE <del>82</del>	JÖB4ŸE <del>82</del>	JÖBSY <del>E82</del>	jöbőy <del>l</del> 82
Why did you leave?	Redundancy 1 Firm closed 2 To get					
	another job 3 Dismissed 4 Dissatisfaction 5 Illness 6 Pregnancy 7	34567	34567	3 4 5 6	3 4 5 6	34567
	Other, namely 8 JOB1RL82	JOB2RL82 8	JOB3RL82 8	JOB4RL82	JOB5RL82	JOB6RL82
	[B15]					
(c) In all, how many	jobs has that been?					JOBNO82

When did this start?  When did it end?  When did it end?  Monty Year  And so you were not in paid work then altogether for  During this time were you?  Unentlooki Unentlooki Full-t Part-Train cours  Did you register as unemployed?  What caused you to be unemployed?  What caused you to be unemployed?  Left I healt! Made Pregr	NWK1YS82  The NWK1ME82  NWK1YE82  NWKN182  To ployed & 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	NWK21 NWK21 NWK21 NWK22 NWKN2	YS82 1E82 YE82	Third time  NWK3MS82  NWK3YS82  NWK3YE82  NWKN382  [7-11]	Fourth time  NWK4MS82  NWK4YS82  NWK4ME82  NWK4YE82  NWKN482  [12-1	
When did it end?  When did it end?  And so you were not in paid work then altogether for  During this time were you?  Unen looking the full-the part-the train cours  Did you register as an employed?  What caused you to be unemployed?  Left the left the latter of the train cours  Left the latter of the train cours  Left the latter of the	NWK1YS82  The NWK1ME82  NWK1YE82  NWKN182  Inployed & Inployed and not Inployed and not Inployed and not Inployed and not Inployed and reference in the student 4 Inployed and reference in the student 4 Inployed and not Inployed and Input Inpu	NWK21 NWK22 NWKN2 NWKN2	YS82  TE82  TE82	NWK3YS82  NWK3YE82  NWK3YE82  NWKN382  [7-11]	NWK4YS82  NWK4YE82  NWKN482  [12-1	
When did it end?  Montage of the property of t	NWK1YE82  NWK1YE82  NWKN182  [65-69]  RS	NWK 22 NWK 23 NWK N2	1E82 2882 [70-74]	NWK3ME82  NWK3YE82  NWKN382  [7-11]	NWK4ME82  NWK4YE82  NWKN482  [12-1	
And so you were not in aid work then aid work then altogether for Weel looking this time are you?  Ouring this time alooking Unert looking Full-tooking Full-took	NWKN182 [65-69]  In ployed & [65-69]  In ployed & [65-69]  In ployed and not ing for work 2 ime student 4 ing or re-training e NWKS182 5  In ployed and not ing for work 2 ime student 4 ing or re-training e NWKS182 5  In ployed & [65-69]  In ploy	NWKN2	282 [70-74]	NWK3YE82  NWKN382  [7-11]	NWK4YE82  NWKN482  [12-1  NWKS482  NWKR482	
nd so you were not in aid work then together for  Weel wring this time ere you?  Uner looki Uner looki Full-t Part-Train cours  id you register as nemployed?  Vhat caused you to be nemployed?  Left I healt!  Made Pregr	NWKN182 [65-69]  as	NWKN2		NWKN382  [7-11]	NWKN482 [12-1	
week  uring this time ere you?  Unen looki Unen looki Full-t Part- Train cours  id you register as nemployed?  Vat caused you to be nemployed?  Left I healtl Made Pregr Other	nployed & ng for work 1 nployed and not ng for work 2 time student 3 time student 4 ting or re-training NWKS182 5 1 0 NWKR182 0 of own accord 0 pecause of n 1 e redundant 2 nancy 3	NWKS2			NWKR482	
id you register as nemployed?  I looki Unen looki Full-t Part-Train cours  Yes . No .  Left I healt! Made Pregr	ng for work 1 nployed and not ng for work 2 ime student 3 time student 4 ing or re-training NWKSI82 5	NWKS2			NWKR482	
looki Full-t Part- Train cours  Pid you register as nemployed?  Vhat caused you to be nemployed?  Left t healt! Made Pregr Other	ng for work 2 ime student 3 time student 4 ing or re-training e NWKST82 5	NWKS2			NWKS482	
id you register as nemployed?  Yhat caused you to be nemployed?  Left I healt!  Made Pregr	6 NWKS182 5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	NWKR2			NWKR482	
what caused you to be nemployed?  Left left left left left left left left l	of own accord 0 because of 1 c redundant 2 hancy 3	NWKR2	0		NWKR482	
Left I healt! Made Pregr	pecause of					
		NWKC2	2 3		NWKC482	
<ul><li>(c) In all, how many periods of ck the dates in Q.40 and Q.41 fe</li><li>(a) Have you been on any training retraining courses or had any</li></ul>	or gaps gor Yes 1	at been?  → 43	Could I now	ask you some questions	III (1	
higher or further education in last 5 years?  (b) Who ran the course?	r education in the TRAIN8		about how you see your work		HAPWK8 Yes 1 No 0	
(c) What was it training you to do	?		(b) Wha	at do you enjoy about it?	(8) HAPWKY	
(d) Did you gain any qualification as a result?	Yes 1 No 0 (8)	[20]	(c) Why	y not?	(88)  HAPWKN  (88)	

<b>45.</b> (a)	Do you often have deadlines to meet in your work?	$\begin{array}{ccc} \text{es} & 1 \\ \text{lo} & 0 \longrightarrow 46 \end{array}$	Now cor	uld I ask you 2 questions about income	
(b)	When there is a deadline do you find it:  very stressful fairly stressful not particularly stressful unknown  On the whole, do you enjoy being at home instead of going to work?  Ye	(8) WKDLST82 1 2 3 9 [28] (8)  LHOEN82		Would you say that on your present income you find (as a family) that it's really quite hard to manage that you manage fairly well that you can manage comfortably no response unknown  Have you had to go without things you really need in the last year because you were short of money yes no no response	$ \begin{array}{ccc} 1 & & & & & \\ 2 & & & & \\ 3 & & & & \\ 7 & & & & \\ 9 & & & & \\ (8) & & & & \\ & & & & \\ & & & & \\ & & & & \\ & & & & $
(c)	Why not?	(88)  LHOENN 8 2  (88)	Now go	unknown  to Question 58 on page 14	
<b>L52.</b> (a)	Realistically, what do you see yourself doing in 10 years time? For instance:  Do you expect to have a job?  yes – full-time yes – part-time no	. 2	<b>N43.</b> (a)	Do you enjoy being at home and looking after the home (and children)? yes	
(b)	What job would you expect to have?  unknown/no answer	LOUG8082	(b)	What is there about it that you enjoy?	NHOENY8
(c)	What do you expect to be doing? housewife	. 2	(c)	What is there about it that you don't enjoy?	NOHENN 8 2 (88)
L53.(a)	like to ask you some questions about exerci  In the course of the day – that is, not counting the evening – how much time do you spend sitting down?  Is it practically all the time more than half about half less than half almost none of the time unknown	LSIT82 . 1 . 2 . 3 . 4 . 5 . 9		Do you find that, in physical terms, looking after the house (and children) demands a lot of you	2 3
(b)	And during the daytime how much of your time do you spend walking?  Is it almost none of the time less than half about half more than half practically all the time unknown	. 2 . 3 . 4 . 5	(c)	a lot of you a moderate amount very little unknown  Do you find that in terms of patience with others looking after the house (and children) demands a lot of you	2 3 9 (8) NPAT82
(c)	And do you do any lifting or carrying of heavy things during the day?  very infrequently or never sometimes frequently unknown	. 2		a moderate amountvery littleunknown	2 3

<b>N49.</b> (a)	Do you feel that you have skills and talents	NUNTL82	Now cou	ald I ask you 2 questions about income	
	that are not being used at present? yes, skills and talents that are not used.	1 [51]	N57.(a)	Would you say that on your present income 1	NENINC82
	no, neither skills nor talents			you find (as a family)	
	that are not used	2 → <b>N52</b>		that it's really quite hard to manage	1
	unknown	9		that you manage fairly well	
		(8)		that you can manage comfortably	
				no response	0
(b)	What are these little used skills and talents?	NUNTLW82		unknown	
					(8)
		[52,53]	(b)	Have you had to go without things	
		(88)	(0)	Have you had to go without things you really need in the last year	
	D : 14 - 1			because you were short of money	IGWINC82
(c)	Do you mind that you're not at present using these skills?	NUNTLM82		yes	17
	yes	1		no	
	no	0		no response	7
				unknown	
(d)	How could you get the opportunity to				(8)
	make the most of these skills and talents?				
		NUNTLO82	Now go	to Question 58 on page 14	
			11011 80	to Question 50 on page 1.	
		(88)			
			46 (2)	As a rule do you deliberately put a lot of	EFWK82
N52.(a)	Realistically, what do you see yourself N	JOB82	<b>40.</b> (a)	effort into your work?	EL MKOZ
	doing in 10 years time? For instance:			yes	1 [66
	Do you expect to have a job?	1		no	
	yes – full-timeyes – part-time				(8)
	no	0 ()	(b)	Could you say why you work this way?	EFWKW82
(b)	What job would you expect to have?	OUG8082			(8)
					(0)
		1 1 1 1 2 2			
	unknown/no answer	99	<b>47.</b> (a)	Do you find that, in physical terms,	PHDM82
		TT 7.00		your work takes	
(c)	What do you empere to be moning.	VEX82		a lot out of you	
	housewifestudent			or a moderate amount	
	redundant	•		or very littleunknown	
	other,			ulikilowii	(8)
	namely,	4			
			(b)	Do you find that, emotionally,	EMDMOO
				your work takes	EMDM82
Now I'd	l like to ask you some questions about exercise	<u>e</u>		a lot out of you	. 1
NEQ ( )	Tally and a fabrication			or a moderate amount	
N55.(a)	In the course of the day – that is, not counting the evening – how much time			or very littleunknown	
	do you spend sitting down?	NSIT82		ulikilowii	(8)
	Is it practically all the time	1			(0)
	more than half				
	about half			you feel that you were sufficiently trained	TRJOB82
	less than half	4	and	l prepared for your present job?	
	almost none of the time			yes, well trained	
	unknown			fairly well trained	
		(8)		not particularly well trained	
(1-)	And during the desitions have much	NTT-17 T TC 0 0		unknown	
(0)	And during the daytime how much of your time to you spend walking?	NWALK82		unknown	(8)
	Is it almost none of the time	1 [62]	40.00		
	less than half				
	about half		<b>49.</b> (a)	Do you feel that you have skills and talents	UNTL82
	more than half			that are not being used in your present job?	1
	practically all the time			yes, skills and talents that are not used.	. 1 [72
	unknown			no, neither skills nor talents that are not used	. 2> 50
		(8)		unknown	
	A = d do viou do lifei			UIIKIIOWII	. (8)
(c)	And do you do any lifting or carrying of heavy things during the day?	NLIFT82			(3)
	very infrequently or never				TTNTETT 1.20.0
	sometimes		(b)	What are these little used skills and talents?	UNTLW82
	frequently				
	unknown	9			(99)
		(8)			(88)

	(c)	Do you mind that you're not at present using these skills?  yes	TLM82  1 0		(c)	How often do you lift or carry heavy things in the course of your work?  very infrequently, or neversometimes	2
	(d)	How could you get the opportunity to				frequently	3
		make the most of these skills and talents?	UNTLO82	54.	(a)	to work, or for part of the way?	BIKE82
			[76,77]			no	$0 \longrightarrow 55$
			(88) [B17]		(b)	On average how many days a week do you use your bike for getting to work?	(8)
50.	Doe	J	PROS82			unknown	(8)
		yes, very good prospects	1 [7] 2				BIKEL82
		no, not very good prospects	3		(c)	About how long does your cycle trip take,	
		unknown	9			on each journey? (mins)	99 [19,20]
			(8)			ulikilowii	(88)
51.	(a)	How do you rate your chances of promotion	PROM82				
		in your present job? very good	1	55.	(a)	On your way to work do you <i>normally</i> walk for five minutes or more on each journey?	VALKW82
		reasonable				yes	
		very little chance of promotion				no	
		self-employed				unknown	9
		unknown					(8)
			(8)		(b)	How many minutes do you normally walk Wa	AT.KWT82
	(b)	Are you keen to get promotion?	PROMW82		(0)	for on your journey to work?	ALICWIOZ
	(-)	yes				minutes	
		no				unknown	99
		unknown					(88)
			(8)		(0)	De vou veuelly stroll et	WALKWP82
	(-)	Destination live substitute de vous see vous self			(6)	Do you usually stroll at an easy pace	1
52.	(a)	Realistically, what job do you see yourself doing in 10 years time? For instance:	JOBF82			walk at a normal pace	2
		Do you expect to have a job?				walk fairly briskly	3
		yes, full-time	1			walk fast	4
		yes, part-time	2			unknown	9
		no	$0 \longrightarrow (c)$				(8)
	(b)	What job would you expect to have?	OUGF8082		(d)	Is the way you go mainly	WALKWH82
	(0)	what job would you expect to have:			(-)	flat	1
						hilly	2
		unknown/no answer	99			unknown	9 (8)
	(c)	what do you expect to be doing:	EXF82				(6)
		housewifestudent	1 [13] 2	CALI	1 41-1-	line all out work and I finally out you about	t imaama
		redundant	3	5111	1 (1111	aking about work could I finally ask you abou	
		other.		56.	(a)	Are you paid	IFR82
		namely	4		( )	weekly	
						monthly	
						quarterly	3
Thi	nkin	g now about exercise at work				other,	1
53	(2)	How much time do you spend sitting	SIT82			specify	5
33.	(a)	in the course of your work?				self-employedunknown	9
		Is it practically all the time	1 [14]				(8)
		more than half	2				
		about half			(b)		IINC82
		less than half				incremental scale, that is does your wage	
		unknown	0			or salary go up automatically most years? yes, incremental scale	1
			(8)			no, not on an incremental scale	2
						unknown	9
	(b)	How much time do you spend walking in the course of your work?	ALK82				(8)
		Is it practically all the time	1		(c)	Does your employer give you time off	ISIK82
		more than half			. ,	with pay when you are sick?	
		about half				yes	1
		less than half				nosalf amployed	$\frac{0}{2}$
		unknown	0			self-employedunknown	9
			(8)				(8)

	(d)	Do you get paid nondays.	PHOL8:	
		yesno	$\frac{1}{0}$	[29]
		self-employed	2 9	
		unknown	(8)	
	(0)	How many weeks holiday are you	H <u>WD</u> 82	
	(e)	entitled to?	Ш	[30]
		self-employed	0	
		unknown	(8)	
	(f)	Would you mind telling me in which range your average take-home pay comes?	PT82	
		(show card)		
		range	1 2	
			3	
			4 5	
			6	
			7	
		no answer	(8)	
57.	(a)	Would you say that on your present income	ENINC	282
		you find (as a family)? that it's really quite hard to manage	1	
		that you manage fairly well	2	
		that you manage comfortably no response	3 7	
		unknown	9	
			(8)	
	(b)	Have you had to go without things you		
		really need in the last year because you were short of money?	GWING	282
		yes	17	
		nono response	7	<b>→ 58</b>
		unknown	9	
			(8)	
No	w go	to Question 58		
NC	W I	D LIKE TO ASK YOU ABOUT THE THIN	NGS	
-		O IN YOUR SPARE TIME,		
TH	AT I	IS WHEN YOU'RE NOT WORKING	OT 111	202
58.	(a)	Do you belong to any clubs or associations?	CLUI	382
		yes	1	[34] → <b>59</b>
		no	0 —	7 59
	(b)	What kind of clubs are they?		
			CLUBI	700
			СПОВІ	(02
			(8)	
			(0)	
	(c)	How often in a normal fortnight do you		
		go out to take part in club/association activities?	CLUBI	782
		once	1	
		twice three times	2 3	
		four or more times	4	
		less often than once a fortnight	0 (8)	
			(0)	

59.	(a)	in the last year?  yes no	EC82 1 0 —	<b>→</b> 60
	(b)	How many hours a week do you spend at evening clases?	(88)	∠
	(c)	Are they classes from which you expect to get a qualification of any kind?  yes  no	DECG8 1 0 — (8)	2 → 60
	(d)	What qualification do you expect to get?	ADECW (8)	Q82 [41]
			(0)	
60.	eve	w often do you have friends to spend the ning with you at home, or to spend some time ome with you at the weekend? once a week or more often not more than once a fortnight not more than once a month rarely or never unknown	1 2 3 0 9	D82 [42]
61.		w often do you see your parents and/or your c's/husband's/partner's parents? once a week or more often	PARS  1 2 3 0 8 9	182
62.	On do y	average how many nights a week you go out, for any reason? 1	OUTW  1 2 3 4 5 9	182 [44]

#### 63. (a) Do you do any of the following in your spare time?

	Take part	On average in the last year or so, have you done this?
Chess, bridge or similar games	yes 1 no 0	at least daily 1 at least weekly 2 less frequently 3 CHESS82 (8)
Church or religious activities	yes 1 no 0	at least daily 1 at least weekly 2 less frequently 3 CHRCH8 2 (8)
Going to cinema, theatre, concerts	yes 1 no 0	at least daily 1 at least weekly 2 less frequently 3 CINTH8 2 (8)
Going to pub/club	yes 1 no 0	at least daily 1 at least weekly 2 less frequently 3 PUB82 (8)
Helping to run a club or playgroup or school	yes 1 no 0	at least daily 1 at least weekly 2 less frequently 3 CLUBR82 (8)
Local government or trade union or political work	yes 1 no 0	at least daily 1 [50] at least weekly 2 less frequently 3 TU82 (8)
Playing a musical instrument with others	yes 1 no 0	at least daily 1 [51] at least weekly 2 less frequently 3 MUSIC82
Voluntary social welfare work	yes no 0	at least daily 1 at least weekly 2 less frequently 3 VOLS82 (8)

(b)	with	there any other things you do, nother people, in your spare time I haven't yet asked you about?	SPA	ARO8:	2
		yesno		1 —	<b>→ 64</b>
(c)	What	at are they and how often?	SP.	ARO1	82
	1	at least daily		1 2 3 (8)	
	2.		SI	PARO	282
		at least daily at least weekly less frequently		1 2 3 (8)	[55]

# 64. When did you last go away for a holiday of a week or more? was it within the last year ... 1 or longer than 12 months ago ... 2

## NOW I'D LIKE TO ASK YOU ABOUT MORE LONG TERM THINGS

5.	(a)	Would you say that, on the whole, LIFEG82 life has been good to you?  yes
	(b)	How far do you think that was good luck, and how far do you feel it was something LUKG8 2 you've achieved by your own efforts?  mainly good luck
	(c)	How far do you think that was bad luck, and how far do you feel it was something you've achieved by your own efforts?  mainly bad luck
6.	(a)	Looking back over the past year has there been anything, or any bad news that has really shaken and upset you, or that has been a big disappointment to you?  yes
	(b)	What were they?  (88)  (88)  (88)  (88)  UPSET 28 2

## 67. Again, thinking back over the last year, have you experienced any of these things?

		At the time when it first happened did you then feel:	Since this happened has it changed life for you in any way?
Has a relation or friend or someone you know well gone into hospital or had a serious illness?  [65-67]	yes 1 no 0 RELH82	Fairly calm about it	yes
Has a relation or friend or someone you know well been separated or divorced in the last year? [68-70]	yes 1 no 0 RELSD82	Fairly calm about it	yes 1 no 0 (8) RELSCH82
Has a relation or friend or someone you know well died during the last year?  [71-73]	yes 1 no 0 RELDI82	Fairly calm about it	yes
Has a relation or friend or someone you know well been injured?  [74-76]	yes 1 no 0 RELI82	Fairly calm about it	yes
Have any relations or friends been a worry to you, for any reason?  [7-9]	yes 1 no 0 RELW82	Fairly calm about it	yes
Have you been burgled or robbed in the last year?	yes 1 no 0 ROBB82	Fairly calm about it	yes
Have you had any crises or particular disappointments in your work in the last year?  [13-15]	yes 1 no 0 WKCR82	Fairly calm about it	yes
In the last year have there been any crises in your own family, or in others close to you?	yes 1 no 0	Fairly calm about it	yes
Describe	FAMCR82	REACF82	FAMCH82
[16-18]			

68.		Looking back over life as a whole is there anything you wish now that you'd done differently, for example in your education?  no	00 [19,20 99		(a)	And now, do you have any religious beliefs or faiths, whether or not you go to church?  yes	RELN82 $ \begin{array}{c} 1 \\ 0 \\ 9 \end{array} $ 71
		Yes (describe in detail)	DIFED82	2	(b)		RELNB82  1 2 3  4 (8)
		Is there any way in which you wish you'd done something differently in your working life?  no	00 99 DIFWK82			yes	CHATT82 $ \begin{array}{c} 1 \\ 0 \\ (8) \end{array} $ CHATTF82 $ \begin{array}{c} 1 \\ 2 \end{array} $ $ \begin{array}{c} 1 \\ 2 \end{array} $
		And looking back over your family life do you now wish that things had been different in any way?  no			. (a)	Do you have any kind of belief in a maker or a god?  yes  no  unknown  (describe)	(8)  RELDBM8  1 [34 0 9
69.		As a child were you brought up in any faith or religious belief?  yes	$0 \longrightarrow (c)$ RELDB82 $1 \qquad [2]$	72 (c)	. Do	who do not live alone es your husband/wife/partner have the ne beliefs as you do? yes no, some other unknown  (describe other beliefs if possible)	RELNSS82 1 0 9
	(c)	Do you feel that having this kind of upbringing has any effect in the way you lead your life now?  yes, has an effect no, had no effect unknown	0 <b>1</b> → 7	No	ow as	k Questionnaire B	
	(d)	In what ways does it have an effect?  (describe in detail)	- ELEFW82 - - (88)				

CA	N W	E GO ON NOW TO TALK ABOUT DIET		<b>76.</b> (a)	Apart from this is your usual diet special in any way, are you for example a vegetarian	VEG82
73.	(a)	How often do you eat meals containing meat or poultry or meat products such as sausages or hamburgers?  never  less than once a day (0-6 times a week) about once a day (7-11 times a week) about twice a day (12 or more times a week)	2	(b)	What sort of diet is it?  vegetarian – full, e.g. vegan  vegetarian – eats dairy produce  and/or chicken, and/or fish  macrobiotic  other,  specify	$ \begin{array}{c} 1 \\ 0 \longrightarrow 77 \\ VEGD82 \\ 1 \end{array} $
	(b)	only the lean		WHAT	ABOUT SMOKING?	
		both lean and fat	2	77. (a)	Do you smoke cigarettes? yes	
74.	you	use?	SFAT82	(b)	yes	
	(a)	To spread on bread unknown	99	(c)	About how many cigarettes do you now	SMODS82
	(b)	spread with this?	BREDN82	(d)	smoke per day?	
		4 slices a day or less			smoke now?	$\frac{\text{SMOSB82}}{\longrightarrow 79}$
	(c)		9 DFRYF82		olls own cigarettes ask (e)	SMOSBR82
		deep fried? once a month or less		(e)	What brand of tobacco do you use? specify	
		once a week or moreunknown	3 9 DFFAT82	<b>78.</b> (a)		SMOSE82
	(d)	Do you know what brand of fat is used?  Name	DFFA162		cigarette per day for as long as a year? yes	
	(e)	How often do you eat other fried food?	99 OFRYF82	(b)	How long is it since you last gave up cigarette smoking?	STOP82
	(0)	(i.e. not deep fried) once a month or less about once a fortnight once a week or more	1 2 3		within last 6 months	2
	(f)	unknown	9 OFRY82		5-10 years ago (whilst you were 25-30) More than 10 years ago	
		yes	$ \begin{array}{c} 1\\0\\0\\9 \end{array} $ 75		(before you were 25)	(8)
	(g)	What is the brand name?	SFFAT82	(c)	Why did you give up cigarette smoking? illness/doctor's orders health precaution (own initiative) cost	2
	C)	nange to SPDTD82 W.H.	(88)		did not enjoy itother	4
75.		A re you at present taking a special dist	SPDIET82	<b>79.</b> (a)	Do you smoke a pipe?	PIPE82
		yesno			yesno	0 <b>→ 80</b>
		low salt/salt free	DIET82	(b)	How much pipe tobacco do you usually smoke per week in ounces?	POZ82
		low fathigh fibre/high residuelow protein	2 3 4	(c)	Do you inhale the smoke?	
		low carbohydrate/diabeticweight reduction	5	(d)	no	0 PIPEB82
		other, specify	7		specify	

80.	(a) Do you smoke cigars? CIG82  yes	7.	Chest Circumference – to nearest 1 mm below	CHC182
	(b) How many cigars do you smoke per week? CIGS8 (c) Do you inhale the smoke? CIGINH82	32	1.	• [64-6
	(c) Do you inhale the smoke?  yes  no  (d) What brand of cigars do you smoke?  specify  [73,74] [B19]	8.	Abdominal Circumference – to nearest 1 mm below  1	CHC282  ABC182  cm mm  [68-7]  ABC282
81.	EXAMINATION FORM	9.	Room Temperature – to nearest 1°C below	RTEMP8 2 <sub>76,7</sub>
If I	Female ask		to hearest 1 C below	[B20
	To your knowledge, are you pregnant?  yes	10.	Equipment Set Number –	EQSETN8 2,
1.	Resting Pulse Rate – beats per minute PULSR82	11.	Time of Day –           morning         1           afternoon         2           evening         3	TIMED82
2.	Blood Pressure – to nearest 2 mm below	12.	Day –         weekday	DAY82
	1. Systolic SBP182		weekend 2	
	Diastolic	13.	Subject wishes results to go to GP	
	Zero ZBP182		yes	RESGP82
	2. Systolic SBP282		If Yes:	
	Diastolic DBP282		Name of GP	
	Zero ZBP 2&2		Address	
3.	Peak Expiratory Flow Rate – to nearest 10 1/min below			
	1 PEFR182		IN	TEH82 INTEM82
	2 PEFR282		TIME INTERVIEW ENDED	[12-15
	3 PEFR382			
	4. PEFR482			
	5 PEFR582			
4.	Standing Height – to nearest 0.5 cm below HT82			
5.	Weight – WT82 to nearest 0.5 kg below			
6.	Right Upper Arm Circumference – to nearest 1 mm below RUAC182 cm mm			
	1·······························	3		
	2 RUAC282			