

# NATIONAL SURVEY OF HEALTH AND DEVELOPMENT

PERSONAL QUESTIONNAIRE 1962

STRICTLY  
CONFIDENTIAL

Y 1b

Ref. No.

Name  
and  
Address

Now we would like you to answer some questions about yourself and about your work. Some of them are a bit more personal than those you have been asked so far, so when you have finished this form you should put it in the envelope that will be given you and stick it down. Read every question carefully. If you don't understand a question, or you are not sure what you have to do, ask the Youth Employment Officer.

1. What is your present job? [If you have no job at present, put a 'X' in this box

and then go straight on to Question 8]

EMPST

.....  
.....

2. Think about all the things that are part of your job: the actual work, the pay, the conditions of heating, lighting and ventilation, the way you are supervised, the people you work with, and so on, and then circle the number against the one sentence that most nearly describes the way you feel about your job.

LKST

- I love it.....1
- I am enthusiastic about it.....2
- I like it very much .....3
- I like it a good deal.....4
- On the whole, I like it .....5
- I like it fairly well.....6
- I like it a little .....7
- I am indifferent to it.....8
- On the whole, I don't like it.....9
- I dislike it.....0
- I hate it.....x

3. What do you like most about your job?

JOBLI162

.....

JOBLI262

.....

JOBLI62

.....

4. What do you dislike most about it?

JOBDIS

.....

.....

5. Read the following sentences, and then decide which one is right for you. Put a circle round the number opposite the one you choose, like this (9).

My job is really too difficult for me ..... 1

JOBDIF I can only just manage to do my job ..... 2

I find my job pretty hard ..... 3

In some ways my job is a bit difficult.... 4

On the whole, my job isn't hard at all.... 5

My job is very easy..... 6

I find my job very easy indeed ..... 7

6. Now do the same for the next lot of sentences. Remember, read them all first.

- My work is interesting all the time ..... 1
- Most of the time my work is interesting... 2
- My work is interesting a lot of the time... 3
- My work is neither interesting nor dull.... 4
- My work is dull a lot of the time..... 5
- Most of the time my work is dull ..... 6
- My work is dull all the time..... 7

**JOBIS**

7. How much do you earn a week, approximately? Where does your pay, that is what you actually take home in your pay packet after tax and insurance have been deducted, fit in this scale?

- |            |                          |
|------------|--------------------------|
|            | Under £3 a week ..... 1  |
| <b>PAY</b> | £3 - £6. 19. 0 ..... 2   |
|            | £7 - £10. 19. 0 ..... 3  |
|            | £11 - £14. 19. 0 ..... 4 |
|            | £15 or more ..... 5      |

8. What job do you expect to have when you're 25?

**JOBEXP RMSTER**

**EJOBSL SPP**

9. What pay or salary do you expect to be getting then?

£...**EPAY**..... per week

10. What will you have to do to get that job? What jobs will you have to do first, what exams must you pass, and so on?

**HOWPRO**

11. What else do you want for yourself at 25, apart from that job?

**ELSE**

12. Below are printed six things that may be important in choosing a job. Put them in order of importance for you. That is, put "1" beside the most important, "2" beside the next important, and so on down to "6" for the least important. [There is no RIGHT order, so put what YOU think.]

- |              |              |  |
|--------------|--------------|--|
| <b>RKSEC</b> | <b>RKOB</b>  | security.....                                |
| <b>RKGP</b>  | <b>RKGP2</b> | good pay .....                               |
| <b>RKIW</b>  |              | interesting work.....                        |
| <b>RKPW</b>  |              | being able to take a pride in your work..... |
|              |              | being your own boss.....                     |
|              |              | good prospects.....                          |

13. What are your close friends doing now, mostly? [circle the number against the right answer]

- |              |   |
|--------------|---|
| <b>FRENS</b> | at school ..... 1                                       |
|              | on training courses, or<br>at college full time ..... 2 |
|              | apprentices ..... 3                                     |
|              | working (not apprentices) ... 4                         |

14. Do they go to evening classes?

**FRENCL**

- yes, most of them ..... 1
- some of them ..... 2
- a few of them ..... 3
- none of them ..... 4

15. What are the main things you do in your spare time?

STACT ..... ACTNO .....

.....  
.....  
.....

16. What clubs do you belong to? How often do you go?

Put a circle round the number for the sort of club you go to, and say how often you go.

- none 0 CLUB
- youth club, run by church 1 CLUBFR
- other youth club 2 ...times a month
- club connected with work 3 ...times a month
- sports club 4 ...times a month
- Scouts, guides, cadets 5 ...times a month
- other type of club (what sort?)

.....  
.....

17. What games or sports do you take part in nowadays? [if any]

GAMES .....

.....

18. Who organises them?

- a club at work .....1
- an outside sports club .....2
- you and your friends .....3
- other group (say which group)

GAMEW .....

19. Is there anything about your job, or your life in general which causes you a lot of worry?

WORCON .....

WORWC .....

.....  
.....  
.....  
.....  
.....  
.....  
.....

20. Has anything important happened to you or to your family since January 1961 that you haven't been asked about today? Would you like to say what it was?

IMPHAP .....

.....  
.....  
.....  
.....  
.....  
.....  
.....

21. (a) Do you have trouble with your sleep? **SLCN**

- yes ..... 1
- no ..... 0

[If "YES"]

(b) What sort of trouble do you have? [put a circle round the number opposite anything that is right for you]

- I have difficulty in getting off to sleep ..... 1
- I wake up in the night and can't get off to sleep again quickly ..... 2
- I have unpleasant dreams or nightmares ..... 3 **SLCT**
- I wake up too early in the morning and stay awake ..... 4
- I sleep all night but I still feel tired in the morning ..... 5
- Any other sort of trouble? Say what sort .....

22. Now here are some questions about the way you behave, and feel, and act. After each question there is a 'yes', a '?', and a 'no'.

Try and decide whether 'yes' or 'no' is how you usually feel and then circle the 'yes' or the 'no' like this: **(no)** If you find it quite impossible to decide, then circle the '?' like this: **(?)** However don't use the question-mark unless you feel you have to Work quickly and don't spend too much time on any question, we want your first reaction.

Don't leave any questions out. There are no right or wrong answers - this isn't a test of intelligence, it is simply to give us an idea of how you feel and behave.

- MPI1** i) Are you happiest when you get involved in some project that calls for rapid action? YES ? NO
- MPI2** ii) Do you sometimes feel happy, sometimes depressed, without any apparent reason? YES ? NO
- MPI3** iii) Does your mind often wander while you are trying to concentrate? YES ? NO
- MPI4** iv) Do you usually take the initiative in making new friends? YES ? NO
- MPI5** v) Are you inclined to be quick and sure in your actions? YES ? NO
- MPI6** vi) Are you frequently 'lost in thought' even when supposed to be taking part in a conversation? YES ? NO
- MPI7** vii) Are you sometimes bubbling over with energy and sometimes very sluggish? YES ? NO
- MPI8** viii) Would you rate yourself as a lively individual? YES ? NO
- MPI9** ix) Would you be very unhappy if you were prevented from making numerous social contacts? YES ? NO
- MPI10** x) Are you inclined to be moody? YES ? NO
- MPI11** xi) Do you have frequent ups and downs in mood, either with or without apparent cause? YES ? NO
- MPI12** xii) Do you prefer action to planning for action? YES ? NO

**NOW CHECK AND MAKE SURE YOU'VE ANSWERED ALL THE QUESTIONS.**

**THEN FOLD THIS FORM AND PUT IT IN THE ENVELOPE THAT YOU HAVE BEEN GIVEN, AND STICK IT DOWN. MAKE SURE YOUR NAME IS ON THE ENVELOPE, AND GIVE THE ENVELOPE TO THE YOUTH EMPLOYMENT OFFICER.**

**THANK YOU FOR HELPING US ONCE AGAIN, AND GOOD LUCK!**