

**STRICTLY
CONFIDENTIAL**

1989

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SERNOB

**NATIONAL SURVEY OF HEALTH AND DEVELOPMENT
(Medical Research Council)**

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Self Completion

Nurse's Name _____

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INT89B

SECTION A. VISUAL SEARCH

→ A Y O V K S V S Y K W E Z J Z G V A U X C S H S P N K A A K
 I Y N O L C S C L I U A O P F E G M Z T Y M F Y D U P U U O
 O I T V L B U F V L N T H W T T N V D C H H X W A F A A M R
 M I S V X V G H H F P Z G P X T D Q X R U Q E K I E M V C W
 Q Z E I H B W M H A O B Y A S J Z L I H F Y K P Z X W J M C
 R S U W Y E P U Y W U V H Q G N J E J A V K E J M S Y H G Y
 S Y T I H E N V M U F M Q G J J C R Y N K T U D L H M F T V
 N H L P L I X K P G G J X D Q H V E A T V H L I W G V T H B
 L H V M J D T L M W P D W O A N E S T D G X Z D H C A N U W
 A Q F H B B P N O K M E R U F R L F H T M J C N P T Y O I S
 C D N E K E V J X V D Q W S U B M L C Y S N Z I Y Y N O R S
 T R L I E T O L B T N O T R G M D M B J O Z H R Y J X U Y I
 K L T F F T R S Y G N M D M P E I G O V D A B E S N Y P O S
 L C I V X L F V O W C Z P P S W J F B J H P C E G N W K C O
 J M R Y J F L X U H M E Z W K S P L S W J B K I K Q V B R P

VSHT189
 VSMS189
 VSCL189
 VSRW189

→ Q S S W G W K V M C K Y C S M E D I G B G B C R D P K E J V
 B K Q R Z Q X W I Z E O K O A M L G Z Z A L R X E L O X O P
 O W X A H X Q P H B B Z R V H Y X O W H A F K L Q L O R X T
 G Q C F C V T Z B N Z K N A D L K W M X O Q L N S T U Q C Q
 I T W D P W O B E K Q F S Z P L S X D C I Q N O K L K F T O
 S Q X J W U T X F Z S S U K D T F O P U Y L E S P I B N W P
 N S W S U T I P M X O D R C V D L N O F R V W W I N I C U O
 D H T G I Z C M M H X X N K H W Q I T Z X X I O N C S V Y N
 S O V B A B G D B I M T J G T E T L G N H C N Z D C C X U J
 E K J O V C Q Y G D R P L M D R W L W D S H K R D L A R T T
 X X Q U S U I Y C Q C B U O O B T Z P G Q G H C N L I I W Q
 Q E O F A U Q O M D T X I Y I N Z Z N Z N Q Y A A N C E U S
 O E W S C C Y I A E K E B P R T E T V U X L I Q Q T E D M T

VSHT289
 VSMS289
 VSCL289
 VSRW289

E N B Q Q X X I B N U W G R J L T Q H N H A H D R G S T V J
 B V D X G H C H L R A J W Y G B D G G M N C O E C W F O Z G
 D V I G I V A K K J C Y O X C R M Y S T V L V V S V S J P O
 L O I A P V K H H G S S H X G D L J D V O U C N B X Z M O M

→ X U N C D B Y E X W H B A P Z O W Z K X E O K Y D O V K T Y
P X H L V G J H K F R Z O I R D Y C X W Q K Y I X A K K N P
I U D W T F C V O W D Q L L A J J W N A C Q N G A L P R E X
P X T K T U L P R Q K V A V H U B X S V Q P O U M E A Y L D
R N L D R T J B L E B K N D A Z L P C T J B F C L W W Z R W
I U A V M C T W W X A K O Y O W A K A I M S A P D V Y L C L
O E D V J J D M Q V D O F X Q A G B X J E O R N I L H B E Z
Q J K Z V O W R T E A P D K H D S L E S P E C U C A X R P B
I B V M V H G G S F U X M H T Q I R D Z Z X Z C X O C X L I
Z C N F C Q M C I G B P P L T W W P M B J K K Q A L U L C A
P J I N Z X W O B N A T Z I R O L K L N Z T U N A Y O L W X
O D Z X O O U T O A D M D B T Y I C F X H T X J U C N W N K
H N U A I X O M D G N W M C R M L Y A U T L K M L J V W O K
V P H V H M G K G P E X E V Q I M H F X E L S Z R B U I G S
U Q K I Y I K H J M N F B H Z S J H N U H I D V S P Y T A T
M I X O C W K O P E K E I O Y X H G G Y Q E T T I S L I F U
I F Z N M E W M X A F Z Z L N X Z H N H Y I T V U S F W N D
I O X E B B G P O M O I R M T J A P I A B O E N U Z O S D D
Q E E G V G F U V V D C M Y K L J Y S W E O J X N N Q X F I
O G L J T E I X U K W V N R X L V Q N G P A Q L V A R I F X

VSUNC89

SECTION B. SERIAL LIST 1

- 1. _____ WL10189
- 2. _____ WL10289
- 3. _____ WL10389
- 4. _____ WL10489
- 5. _____ WL10589
- 6. _____ WL10689
- 7. _____ WL10789
- 8. _____ WL10889

- 9. _____ WL10989
- 10. _____ WL11089
- 11. _____ WL11189
- 12. _____ WL11289
- 13. _____ WL11389
- 14. _____ WL11489
- 15. _____ WL11589

WLCD89

WLT189

WLIN189

SECTION C. WORK CHARACTERISTICS

These questions refer to your paid job. If you do not have a paid job but you do have a regular voluntary job, these questions refer to your voluntary job. Please ring the appropriate number after each question.

| | Often | Sometimes | Seldom/ Never |
|--|-------|-----------|------------------|
| 1. Do you enjoy your job? JBENJ89 | 1 | 2 | 3 |
| 2. How often do you feel that you are doing your job only for the money? JBMON89 | 1 | 2 | 3 |
| 3. Do you have the possibility of learning new things through your work? JBLRN89 | 1 | 2 | 3 |
| 4. How often do you wish you were doing a different job? JBDF89 | 1 | 2 | 3 |
| 5. Does time seem to drag during your working day? JBDR89 | 1 | 2 | 3 |
| 6. Is your job in any way dangerous? JBDNG89 | 1 | 2 | 3 |
| 7. Do you work in dusty conditions? JBDUS89 | 1 | 2 | 3 |
| 8. Does your job require a lot of physical effort? JBEFF89 | 1 | 2 | 3 |
| 9. Do you have regular deadlines or targets to meet? JBDED89 | 1 | 2 | 3 |
| 10. Do you often have a backlog of work to get through? JBBLG89 | 1 | 2 | 3 |
| 11. Does your job involve contact with clients or members of the public? JBCNT89 | 1 | 2 | 3 |
| 12. Do you have the opportunity to chat socially during your working day? JBSOC89 | 1 | 2 | 3 |
| 13. Do you receive recognition or rewards for your achievements at work? JBREW89 | 1 | 2 | 3 |
| 14. How often do you find your colleagues difficult to work with? JBCDF89 | 1 | 2 | 3 |
| 15. Do you disagree with the way things are organised at work? JBJORG89 | 1 | 2 | 3 |
| 16. Do you have a good deal of say in how you do your work? JBSAY89 | 1 | 2 | 3 |

SECTION D. DISABILITY CHECKLIST

For everybody

- Do you have the following difficulties due to long-term health problems or disabilities, either physical or mental?
 - difficulty walking for a quarter of a mile on the level
WALK89
Yes 1*
No 0
 - difficulty walking up or down steps or stairs
STEP89
Yes 1*
No 0
 - falling or difficulty keeping balance
FALL89
Yes 1*
No 0
 - difficulty bending down and straightening up, even when holding on to something
BEND89
Yes 1*
No 0
 - difficulty using arms to reach or stretch for things
ARM89
Yes 1*
No 0
 - difficulty holding, gripping or turning things
GRIP89
Yes 1*
No 0
- Is it difficult for you to do the following activities due to long-term health problems or disabilities, either mental or physical?

| | Yes* | No |
|---|------|----|
| (a) washing hands and face FACE89 | 1 | 0 |
| (b) washing all over WASH89 | 1 | 0 |
| (c) dressing and undressing DRESS89 | 1 | 0 |
| (d) getting in and out of a chair CHAR89 | 1 | 0 |
| (e) getting in and out of bed BED89 | 1 | 0 |
| (f) getting to the toilet WC89 | 1 | 0 |
| (g) using toilet WCUSE89 | 1 | 0 |
| (h) feeding yourself, including cutting up food FEED89 | 1 | 0 |
- Do you use any sort of device to manage either your bladder or your bowels?
AIDB89
Yes 1*
No 0
 - Do you ever lose control of your bladder?
BLAD89
Yes 1*
No 0
 - Do you ever lose control of your bowels?
BOWL89
Yes 1*
No 0
- Do you wear glasses or contact lenses?
LENS89
No ... 0
Yes - sometimes 1
Yes - all the time 2
 - Do you have difficulty seeing to read ordinary newsprint (wearing your glasses/lenses)?
SEEA89
Yes 1*
No 0
 - Do you have difficulty recognising a friend across the road (wearing your glasses/lenses)?
SEEB89
Yes 1*
No 0
- Do you wear a hearing aid at all?
AIDH89
Yes 1
No 0
 - Do you have great difficulty following a conversation if there is background noise; for example, a TV, radio or child playing (wearing your hearing aid)?
HEAR89
Yes 1*
No 0

NOTE89

SECTION E. PARENTS

For everybody

These questions are about attitudes and behaviours of parents. We would like to know how you remember your mother and father in your first 16 years. First answer the questions for your mother and then for your father.

| | | <u>Mother or mother figure was:</u> | | | |
|---|---------|-------------------------------------|----------------------------|------------------------------|------------------------|
| | | Very like this | Moderately like this | Moderately unlike this | Very unlike this |
| She: | | | | | |
| Spoke to me with a warm and friendly voice | MSPK89 | 1 | 2 | 3 | 4 |
| Helped me as much as I needed | MHLP89 | 1 | 2 | 3 | 4 |
| Let me do those things I liked doing | MLET89 | 1 | 2 | 3 | 4 |
| Appeared to understand my problems and worries | MUND89 | 1 | 2 | 3 | 4 |
| Was affectionate to me | MAFF89 | 1 | 2 | 3 | 4 |
| Liked me to make my own decisions | MDEC89 | 1 | 2 | 3 | 4 |
| Wanted me to grow up | MGUP89 | 1 | 2 | 3 | 4 |
| Tried to control everything I did | MCON89 | 1 | 2 | 3 | 4 |
| Invaded my privacy | MINV89 | 1 | 2 | 3 | 4 |
| Enjoyed talking things over with me | MDIS89 | 1 | 2 | 3 | 4 |
| Frequently smiled at me | MSML89 | 1 | 2 | 3 | 4 |
| Tended to baby me | MBAB89 | 1 | 2 | 3 | 4 |
| Seemed to understand what I needed or wanted | MNED89 | 1 | 2 | 3 | 4 |
| Let me decide things for myself | MDCD89 | 1 | 2 | 3 | 4 |
| Made me feel I wasn't wanted | MREJ89 | 1 | 2 | 3 | 4 |
| Could make me feel better when I was upset | MBET89 | 1 | 2 | 3 | 4 |
| Talked to me often | MTLK89 | 1 | 2 | 3 | 4 |
| Tried to make me dependent on her/him | MDEP89 | 1 | 2 | 3 | 4 |
| Felt I could not look after myself unless she/he was around | MREL89 | 1 | 2 | 3 | 4 |
| Gave me as much freedom as I wanted | MFRED89 | 1 | 2 | 3 | 4 |
| Let me go out as often as I wanted | MOUT89 | 1 | 2 | 3 | 4 |
| Was overprotective of me | MOPR89 | 1 | 2 | 3 | 4 |
| Praised me | MPRA89 | 1 | 2 | 3 | 4 |
| Let me dress in any way I pleased | MGARB89 | 1 | 2 | 3 | 4 |
| Was this your natural mother? Yes 1 No 0 | MNAT89 | | | | |

SERIAL LIST 2

- | | | | |
|----------|---------|-----------|---------|
| 1. _____ | WL20189 | 9. _____ | WL20989 |
| 2. _____ | WL20289 | 10. _____ | WL21089 |
| 3. _____ | WL20389 | 11. _____ | WL21189 |
| 4. _____ | WL20489 | 12. _____ | WL21289 |
| 5. _____ | WL20589 | 13. _____ | WL21389 |
| 6. _____ | WL20689 | 14. _____ | WL21489 |
| 7. _____ | WL20789 | 15. _____ | WL21589 |
| 8. _____ | WL20889 | | |

WLT289

WLIN289

Father or father figure was:

| He: | | Very like this | Moderately like this | Moderately unlike this | Very unlike this |
|---|---------|----------------|----------------------|------------------------|------------------|
| Spoke to me with a warm and friendly voice | FSPK89 | 1 | 2 | 3 | 4 |
| Helped me as much as I needed | FHLP89 | 1 | 2 | 3 | 4 |
| Let me do those things I liked doing | FLET89 | 1 | 2 | 3 | 4 |
| Appeared to understand my problems and worries | FUND89 | 1 | 2 | 3 | 4 |
| Was affectionate to me | FAFF89 | 1 | 2 | 3 | 4 |
| Liked me to make my own decisions | FDEC89 | 1 | 2 | 3 | 4 |
| Wanted me to grow up | FGUP89 | 1 | 2 | 3 | 4 |
| Tried to control everything I did | FCON89 | 1 | 2 | 3 | 4 |
| Invaded my privacy | FINV89 | 1 | 2 | 3 | 4 |
| Enjoyed talking things over with me | FDIS89 | 1 | 2 | 3 | 4 |
| Frequently smiled at me | FSML89 | 1 | 2 | 3 | 4 |
| Tended to baby me | FBAB89 | 1 | 2 | 3 | 4 |
| Seemed to understand what I needed or wanted | FNED89 | 1 | 2 | 3 | 4 |
| Let me decide things for myself | FDCD89 | 1 | 2 | 3 | 4 |
| Made me feel I wasn't wanted | FREJ89 | 1 | 2 | 3 | 4 |
| Could make me feel better when I was upset | FBET89 | 1 | 2 | 3 | 4 |
| Talked to me often | FTLK89 | 1 | 2 | 3 | 4 |
| Tried to make me dependent on her/him | FDEP89 | 1 | 2 | 3 | 4 |
| Felt I could not look after myself unless she/he was around | FREL89 | 1 | 2 | 3 | 4 |
| Gave me as much freedom as I wanted | FFRED89 | 1 | 2 | 3 | 4 |
| Let me go out as often as I wanted | FOUT89 | 1 | 2 | 3 | 4 |
| Was overprotective of me | FOPR89 | 1 | 2 | 3 | 4 |
| Praised me | FPRA89 | 1 | 2 | 3 | 4 |
| Let me dress in any way I pleased | FGARB89 | 1 | 2 | 3 | 4 |

Was this your natural father? Yes 1 No 0 FNAT89

As a child do you feel you were mistreated by your parents in any way? Yes 1 No 0 PAMIS89

Please comment _____

_____ PAMCH89

SECTION F. DRINKING

1. In the last seven days how many of the following drinks have you had? (*Do not count non-alcoholic drinks.*)

Spirits or liqueurs (e.g. whisky, gin, brandy, vodka) measures

DRSPT89

Wine, sherry, martini or port glasses

DRWIN89

Beer, lager, cider or stout half pints

DRBEE89

2. Have you ever felt you ought to cut down on your drinking? (*Do not include dieting.*)

Yes 1 → Have you felt this way in the last year?
 No 0 DRLES89

DRLYR89

3. Have people ever annoyed you by criticising your drinking?

Yes 1 → Has this happened in the last year?
 No 0 DRCRT89

DRCYR89

4. Have you ever felt bad or guilty about your drinking?

Yes 1 → Have you felt this in the last year?
 No 0 DRGTY89

DRGYR89

5. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

Yes 1 → Has this happened in the last year?
 No 0 DRMOR89

DRMYR89

SERIAL LIST 3

- 1. _____ WL30189
- 2. _____ WL30289
- 3. _____ WL30389
- 4. _____ WL30489
- 5. _____ WL30589
- 6. _____ WL30689
- 7. _____ WL30789
- 8. _____ WL30889

- 9. _____ WL30989
- 10. _____ WL31089
- 11. _____ WL31189
- 12. _____ WL31289
- 13. _____ WL31389
- 14. _____ WL31489
- 15. _____ WL31589

WLT389

WLIN389

1970 OUG coding label

- (Survey No. SERNO
- (Spouse SPOU789
- (S.M. 1982 OU78289
- (Current (recent) OU7R89
- (Longest OU7L89